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FAMOUSLY CUDDLY POLICE FORCE TAG-TEAMED AFTER PR HASHTAG GETS A BEATING ... NOT UNLIKE THE PEOPLE PICTURED ON #MYNYPD **PAGE 15**

Timing of sexting policy raised in court

Lawyers for accused in Parsons case call for Crown to testify **PAGE 3**

Food bank founder packs up for good

Mel Boutilier describes a difficult departure **PAGE 5**



STICKING IT TO THEM

Halifax Mooseheads defenceman Jesse Lussier battles for the puck with Samuel Henley of the Val-d'Or Foreurs as netminder Kevin Darveau looks on during Game 4 action in QMJHL semifinal action Wednesday night. The Mooseheads made it back-to-back road wins with a 5-4 triumph to even the best-of-seven series. Story, page 32. ANDY KLINK/ABITIBI EXPRESS

Do we have a gun problem?

Report. Gun crime appears to have plummeted 2 years ago — but not in Halifax



RUTH DAVENPORT
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Halifax's police chief isn't dwelling on a new report from Statistics Canada suggesting Halifax had the highest rate of firearm-related violence in Canada in 2012.

"I'm concerned as a Haligonian and I'm concerned as the chief of police," said Halifax Regional Police Chief Jean-Michel Blais Wednesday. "But I also realize that we have to take a look at that in terms of the year-over-year, and things have been going down and things have been improving."

The "Firearms and violent crime in Canada, 2012" report shows both the number of victims and the rate of firearm-related violent crime

By the year

Total annual shootings in HRM, according to police:

- 2014 — 8 to date
- 2013 — 53
- 2012 — 56

in Canada fell by more than one-quarter between 2009 and 2012.

Among Census Metropolitan Areas, Halifax had 41 firearm-related violent crimes per 100,000 population — the highest in Canada — and Moncton had 39.

Blais said the number of homicides and gun-related homicides have fallen steadily since then, while the number of guns seized by police has climbed.

"It was prior to our Guns and Gangs unit being fully operational and having a better handle on what was going on with regard to firearms,"

he said, adding community-based programs have resulted in more family members intervening when young men start carrying weapons.

"They are actively engaging with these young men," he added. "One individual told me their concern is that we have a whole generation of young men that we're losing to this gangster mentality."

Blais said gun-related violence is a small part of the total violent crime picture in Halifax, and tends to be confined to non-random violence among career criminals.

However, it remains a big concern for police because of the risk to innocent bystanders.

"That's why we are always concerned about that one shooting. One homicide is one too many," he said. "Our overall goal is to reduce it down to zero, but realistically we realize that we have to continue the path that we've taken so far and reduce the number of crimes incrementally."



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SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 22 SHOPPERS' DRUG MART

Defence wants Crown to testify in Parsons case

Misconduct? Defence argues that a sexting policy change allowed clients to be charged

Defence lawyers for two teens accused of child pornography in the Rehtaeh Parsons case said Wednesday they want a senior Crown prosecutor to explain why, days after her death, Nova Scotia's Public Prosecution Service changed a policy allowing it to lay charges in offences involving sexting.

But the Public Prosecution Service said there was in fact no policy on sexting — the sending of sexually explicit images and words via text message — before the 17-year-old girl died last April.

Defence lawyer Ian Hutchinson has filed a subpoena to have Crown prosecutor Craig Botterill testify. The application is supported by the other defence lawyer in the case, Brian Church.

A lawyer for Nova Scotia's attorney general has filed an application to quash the subpoena, saying it would breach client-solicitor privilege.

Purpose

"While it's not a fishing trip, we represent the accused young people and we don't know why the charges were laid."

Defence lawyer Brian Church



A woman holds a photo of Rehtaeh Parsons in Halifax. ANDREW VAUGHAN/THE CANADIAN PRESS FILE

That application contains an email from Hutchinson that lays out the defence's position. In the email, Hutchinson says if the prosecution service's policy hadn't changed a few days after Parsons' death, child pornography charges wouldn't have been laid against the two teens.

"It is understood that the Nova Scotia Public Prosecution Service administrative policy and procedure relating

to 'sexting' offences which were in place during the initial police investigation are different from the current policy," Hutchinson says in the email to the Crown.

"Had the 2011/12 policy been followed, I understand the Crown would have withdrawn both charges against my client."

Hutchinson said Wednesday that the prosecution service's policy in 2011-12 was that if a youth took a sexual

picture of a youth of a similar age, charges wouldn't proceed.

But Chris Hansen, a spokeswoman for the Public Prosecution Service, said there was no policy on sexting prior to Parsons' death.

"The sexting policy was the first such policy we ever had," she said in a phone interview.

"There was nothing before that. The Parsons case identified a gap we had in our

Adjourned

Provincial court Judge Jamie Campbell adjourned the hearing until next Wednesday, when he'll hear further arguments on the application to quash the subpoena.

policy manual, and we filled that gap."

In provincial court, Hutchinson said a senior Crown attorney can be compelled to testify when there is a possibility of misconduct by the Crown. He didn't specify what Crown misconduct was possible.

Church told the court that Botterill's testimony would help it understand why charges were laid against the teens, who are now 19 but whose identities are protected by a publication ban because they were minors at the time of the alleged offences.

"It may be possible it will assist the court in determining, in the future, whether there was an abuse of process," said Church.

But Alexander Smith, the Ontario prosecutor handling the case for the Crown, told the court the subpoena should be quashed.

"It's the Crown's position that Mr. Botterill has no relevant evidence to give," said Smith.

"My friend is simply trying to launch into an abuse of process application attacking Crown discretion, without providing any basis for doing so." **THE CANADIAN PRESS**

1 NEWS

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'Everybody's like a big family': Centres get government funding

Dartmouth. Nova Scotia putting \$2 million into family resource centres

CHRISTINE BENNETT

halifax@metronews.ca

Single mom Amanda Purvis didn't know where to start when she was going through a custody battle last year.

She had paperwork to fill out, a lawyer to find and transportation to arrange.

When she turned to the people at the Dartmouth Family Centre, they helped her every step of the way.

"They were so supportive ... Everybody's like a big family," Purvis said.

Purvis, 22, has been going to the centre with her two small children three to five times a week for the past three years.

Now, the Dartmouth centre is one of 26 family resource centres that will be receiving a \$75,000 annual increase in

funding, in hopes of providing parents and children with better support.

Community Services Minister Joanne Bernard announced Wednesday at the Dartmouth centre that the province will increase funding to the centres by \$2 million.

Bernard said it's the first significant bump they've seen in 10 years.

"I know that for many, many, many years, family resource centres have sort of been the poor cousin in the non-profit sector, often overlooked, even though the work that they do is extraordinary and unique," she said.

Family resource centres offer programming for parents, children and families, such as pre- and post-natal support, child development, and parenting programs.

The new funding will help staff meet the increasing range of issues facing families today, such as cyberbullying.

It will also mean new programs, extra support staff, new



Sonja Bellefontaine, left, an employee of the Dartmouth Family Centre, sings a song with some of the kids, including Bailey Mabbot, age 4, on Wednesday.

JEFF HARPER/METRO

supplies and facility upgrades.

Purvis said the Dartmouth centre had a community

kitchen program that they had to stop a couple months ago because they didn't have the

funding for it, but now they can start it up again.

"The centre's one of the best

places I've ever seen," Purvis said.

Pilot program to help addicts after crime committed



Justice Minister Lena Diab
KINGS COUNTY REGISTER

Nova Scotia is allowing some judges to use new sentencing options to help addicts who commit crimes get treatment.

The government says the pilot project it is introducing in Kentville is the first of its kind in Atlantic Canada and courts there should begin hearing cases using the new program in May.

Those charged with an offence in Kings County can be referred to a court-monitored drug treatment program by their lawyer, the Crown, police, probation officers and community treatment partners.

Offenders can also refer themselves.

The government says to be eligible for the program,

someone charged with a crime must plead guilty to the offence and be in a treatment program before they return to court for sentencing.

The court then monitors their progress in the program and to graduate from it, participants must be drug-free for at least three months and be involved in

their community.

They cannot complete the program if they are charged with any new offences.

Justice Minister Lena Diab says the program is aimed at addressing what causes some people to commit crimes.

"People with drug addictions often turn to crime to maintain their habits," she

said in a news release Wednesday. "With treatment and support, many can turn their lives around, and that helps all of us in the long run."

The government says it will measure the pilot program to determine if it helps prevent people from re-offending and reduces crime.

THE CANADIAN PRESS

Province rolls out new review process for school closures

Under review

Education Minister Karen Casey says no schools are currently under review and none can be put forward until the new process is in place.

The province has introduced legislation outlining a new review process for school closures.

Under the changes, prompted by recommendations from a public review committee led by Robert Fowler, school boards would be required to develop a long-range regional plan for schools that includes groups of schools identified for review.

A local school review committee would conduct reviews of each group of schools and

examine what they believe are the best solutions with the help of an independent facilitator.

Education Minister Karen Casey says reports and recommendations would be prepared by the committee and not school board staff, parents and the community, but school boards would remain responsible for deciding whether a school should be closed.

Casey says the amendments to the Education Act place more emphasis on better planning and more collaboration with parents and communities. THE CANADIAN PRESS

2013

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- and -
Michael Dale Nicksy

Hfx No. 421649

PLAINTIFF

DEFENDANT

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Nicholas C.G. Mott
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PO Box 2380 Central
Halifax, NS B3J 3E5
Solicitor for the Plaintiff

Stephen Kingston, Barrister
McInnes Cooper (Halifax Office)

Two kids hit in two days. Grade 3 student struck by teacher's car at school

For the second day in a row a young child has been struck by a vehicle in HRM.

A Grade 3 student was hit by a vehicle outside of Ian Forsyth Elementary School in Dartmouth around 8:30 a.m. on Wednesday.

Halifax Regional School Board spokesman Doug Hadley says the student, an eight-year-old boy, was hit by a vehicle driven by a teacher, who was backing into a parking space at what he called a low rate of speed.

Paramedics and police were called, but the boy's injuries were minor and he has since been released from hospital.

"It was before the start of the school day," Hadley said. "(The students) were on one side of the school and going around to the playground when the teacher was backing into the parking lot."

Halifax Regional Police spokeswoman Const. Holly Tooke said there are no charges being laid against the 36-year-old driver because there was no negligence on her part.

Out of sight

Police say the eight-year-old was hit after he ran out into the parking lot from a grassy embankment.

On Tuesday afternoon, a four-year-old boy was taken to hospital for precautionary reasons after also being hit by a vehicle in Halifax.

Around 1:30 p.m., police say a 19-year-old man driving slowly on Harlington Avenue hit the youngster when the boy ran across the street in front of the vehicle.

The driver stopped quickly, police say, but still hit the boy, knocking him to the ground.

There was no crosswalk at the location, and no charges were laid.

PHILIP CROUCHER/METRO

No public risk. Fire crews contain propane leak that drifted across waterfront

A Halifax fire official says crews contained a propane leak that sent a large vapour cloud over the city's waterfront on Wednesday.

Division commander Scott Shaffner says the fire service was alerted at about 9 a.m. by workers at an Irving Oil bulk propane plant on Pleasant Street.

He says a valve on a 1,000-pound container malfunctioned and caused the

leak, which vented propane into the atmosphere.

Shaffner didn't know how much propane was released, but says there was no risk to the public.

He says the valve froze and didn't close all the way, but workers adjusted it and slowed the leak.

He says they had not received any calls from people in the area complaining about an odour. THE CANADIAN PRESS



Goodbye Roy, hello ... The Roy

Workers tear down a building at the corner of Sackville and Granville Streets on Tuesday as part of the demolition of the Roy Building on Tuesday. A new building, called The Roy, which will be a mix of luxury condos and office space, will be built on the site. JEFF HARPER/METRO

Food bank founder, director to step down

Mel Boutilier. Long-time humanitarian leaves on shaky terms

CHRISTINE BENNETT
halifax@metronews.ca

Mel Boutilier was eight years old when he began working to help his father, a fisherman, make enough money to feed their family.

He didn't think this was right, so one day he found a wooden crate and got on his soapbox.

"I made a speech to what I thought was a big audience out there," he laughs. "I (said) when I grew up ... I was going to do something to make sure no children went hungry."

At age 86, Boutilier has dedicated much of his life to doing exactly that.

After founding the Parker Street Food and Furniture Bank more than 30 years ago, he's stepping down as executive director on May 2 — though not on the terms he wanted.

The well-known Halifax humanitarian was a full-time volunteer for 31 years, but has faced several challenges in recent months.



Mel Boutilier METRO FILE

Boutilier said that while he was recuperating from a hip replacement in August a man came to his house and said he'd been hired by the food bank to take over Boutilier's duties.

"Here I am, the director for over 30 years, and he tells me

now that he doesn't take any direction from me, and if I need to talk to the staff about anything, I need to go through him," he said.

Boutilier had plans to step down, but he wanted to find a successor he could train over time.

He now finds it "too difficult" to be at the food bank, seeing policies put in place that he might disagree with — but he's hopeful for the organization's future.

"They're in a position to continue to operate a good organization there," Boutilier said.

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Loans program

Province to replace jobs fund

A controversial business loans program in Nova Scotia would be replaced by a new funding board and the cabinet's role in handing out economic development money would be eliminated under legislation introduced today.

Economic Development Minister Michel Samson says legislation creating the Invest Nova Scotia Board would replace the Jobs Fund.

Samson says while the board would remove cabinet's role in giving economic development money, the government's Treasury and Policy Board would still have the power to confirm whether the fund has the capital available before each project approved by the new board is finalized.

Premier Stephen McNeil says the new funding board would not be handing out grants, but there is a provision in the legislation for contributions such as government-owned land.

THE CANADIAN PRESS

Convention centre to get new leaders

A new convention centre scheduled to open in Halifax in 2016 would have a new corporate management structure under legislation introduced by the Nova Scotia government.

Under the new Halifax Convention Centre Act, the province and the Halifax Regional Municipality would establish a corporation to manage and operate the facility and they would jointly appoint a board of directors.

Economic Development Minister Michel Samson says the 10-member board would

set and implement the strategic direction for the corporation.

The corporation would replace the Crown-run Trade Centre Ltd.

The legislation requires the corporation to report to both levels of government with annual audited financial statements.

"This is welcome news that brings us one step closer to launching the new Halifax Convention Centre," said HRM Mayor Mike Savage in a statement. THE CANADIAN PRESS



The site for the convention centre. MITCH WARD/FOR METRO

Emera CEO shrugs off possible delay

Muskrat Falls.

Chris Huskison says it doesn't affect ratepayers

The CEO of Nova Scotia utility company Emera is dismissing reports from Newfoundland and Labrador that the \$7.7-billion Muskrat Falls hydroelectric project is already over budget and could be delayed.

Chris Huskison said Wednesday that even if the reports turn out to be true, he's convinced there will be no repercussions for ratepayers in Nova Scotia, who will be paying

for a \$1.5-billion subsea cable — known as the Maritime Link — that will be used to import electricity from the dam under construction in central Labrador.

"I don't think it's clear that the project is either over budget or late," Huskison told a news conference in Halifax.

"But if there is any kind of a situation around the cost of the project or the timing, all of that is well contemplated in the agreements (with Newfoundland and Labrador's Nalcor Energy). Nova Scotia will get the 35 years of energy that it requires. Nova Scotia will not be short-changed."

THE CANADIAN PRESS



Halifax ComedyFest welcomes Ottawa's Nile Seguin

Ottawa's Nile Seguin performed at the Halifax ComedyFest Opening Gala at Casino Nova Scotia on Wednesday night. The four-day festival, now in its 19th year, runs through Saturday. MITCH WARD/FOR METRO

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Pain is the real mother of invention

Smartphone app.

Doctor looks to reduce surgery wait times for those needing knee, hip replacements

With unbearable pain wearing away her knees, Valerie Nash, a Pictou County resident, found it hard to stand, let alone walk very far without bone-grinding agony.

Nash received her knee-replacement surgery within six months of the first discussion with her doctor. Not everyone is quite as lucky.

Bone-on-bone is the term used for those who no longer have cartilage between bones in a joint. Their bones grind against each other with every step. Incredibly painful, this type of knee or hip problem calls for emergency surgery. Patients are fast-tracked and get surgery within a few months. Everyone else with a tiny bit of cartilage is left waiting, in pain, for up to two years or more.

Doctors in Nova Scotia are finding it hard to keep up with the need for knee and hip replacements.

Dr. Michael Dunbar, a surgeon at the Queen Elizabeth II



Valerie Nash NEW GLASGOW NEWS

Grinding halt

"It had worn down to the point where it was bone-on-bone."

Valerie Nash

Hospital, and a professor in biomedical engineering at Dalhousie University, is working on putting a stop to long wait times for surgery patients with a smartphone app.

Dunbar has been working on an app that can use the accelerometer in smartphones to analyze the gait of a patient.

"It can measure the centre of mass displacement very accurately" said Dunbar.

Patients would get a text message or phone call from the doctor telling them that it is almost time for a checkup and to strap their phone on and go for a walk within about a week.

"It's going to be hard for this not to be more accurate than what we're doing already," said Dunbar. "What we're using now is just a two-dimensional X-ray which is very blunt, and is just a picture of you laying down, and has nothing to do with you walking around and how you get around in space."

The app works by strapping the phone onto the patient's back or hip and simply going for a walk in their own neighbourhood. The results would be shared with the doctor for analysis and a follow-up phone call or message about how the patient is healing.

Currently, the average wait time for a knee surgery in Pictou County is 254 days.

This app would affect more than just HRM wait times. Dunbar hopes other surgeons catch on to this time-effective option.

NEW GLASGOW NEWS

Pending audit

Provincial Exhibition to be run by interim board

N.S.'s agriculture minister has announced legislative changes to allow an interim board to replace the indebted commission that runs the Provincial Exhibition and a harness racing track in Truro.

Keith Colwell says the

board would be headed by Bible Hill businessman Bruce Kennedy.

Colwell says the board would continue its work while a \$90,000 KPMG audit begins of the Nova Scotia Provincial Exhibition.

He says the position of permanent general manager will be listed shortly.

In February, the government foreclosed on a loan and took over assets of the commission. **THE CANADIAN PRESS**

\$500,000 in bills

N.S. skydiving victim back in Canada

Though she still faces a long road to recovery, family and friends of a B.C. woman involved in a serious skydiving accident in Arizona are relieved she's back in Canada.

Kenzie Markey, 32, originally from King's County but

who now lives in Squamish, B.C., is being treated at Vancouver's Lions Gate Hospital after she was airlifted from Phoenix on Tuesday, her long-time friend Kelley Richardson told Metro.

"Just to have her here, that's a massive hurdle to overcome," said Richardson. "We are so grateful for everyone's support."

On April 6, Markey was seriously injured in a skydiving accident. The veteran skydiver was on her final jump when

her parachute collapsed, sending her plummeting. Markey — who suffered a broken leg, foot, pelvis, skull, eye socket, nose, and a collapsed lung — spent more than two weeks recovering at a centre near Phoenix. She now faces at least \$500,000 U.S. in bills.

A campaign to help cover Markey's medical bills will be used toward the air ambulance bill. For now, Markey's father, who lives in N.S., took out a line of credit. **THANDI FLETCHER/METRO IN VANCOUVER**



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Crime. Nine people face charges after allegedly kidnapping target's father

As the kidnappers pulled into an upscale golf course community, they thought they were about to abduct an assistant district attorney who sent a high-ranking gang member to prison for life, authorities said.

But they had the wrong address and when the prosecutor's father answered the door, they took him instead.

For five days, authorities said the kidnappers held Frank Janssen, 63, captive in an Atlanta apartment, tormenting his family by sending text messages threatening to cut him into pieces if police were called or their demands weren't met.

On Tuesday, an indictment charged nine people in Janssen's abduction, including 49-year-old Bloods gang member Kelvin Melton, who

authorities said was calling the shots from his prison cell in North Carolina.

Janssen's daughter, Wake Forest assistant district attorney Colleen Janssen, prosecuted Melton in 2012 for his role in a shooting.

Court records show Melton has a long record of felony convictions in New York, but his conviction in North Carolina sent him to prison for life.

In late March or early April, Melton allegedly told a team to "kidnap the ADA," who was identified in the indictment as a "Wake County Assistant District Attorney," but they accidentally kidnapped her father. Melton and other defendants face a federal conspiracy charge related to the abduction. **THE ASSOCIATED PRESS**

Justin Bieber

Pop star criticized for war shrine visit

Justin Bieber apologized Wednesday to those he offended by visiting the Yasukuni Shrine, a Japanese war shrine, saying he thought it was "only a place of prayer."

China and South Korea see Yasukuni as a symbol of Japan's past militarism.

Images posted on Bieber's Instagram account were met with outrage from Chinese officials and commentators on social media. **THE ASSOCIATED PRESS**

'Bionic eye'

Man regains some sight with tech eye

Diagnosed with retinitis pigmentosa as a teenager, Roger Pontz has spent years almost completely blind.

Now, thanks to a procedure that involved the surgical implantation of a "bionic eye," he's regained enough of his eyesight to catch small glimpses of his wife, grandson and cat. Pontz is one of four people in the U.S. to receive an artificial retina since their use was approved last year. **THE ASSOCIATED PRESS**

Body recovery hits hurdle as families face reality

Sewol. The South Korean government faces the sensitive decision of when to begin salvaging the submerged vessel



Searchers and divers look for people believed to have been trapped in the sunken ferry Sewol. YONHAP/THE ASSOCIATED PRESS

As the 156th body was pulled from waters where the ferry Sewol sank a week ago, relatives of the nearly 150 still missing pressed the government Wednesday to finish the grim task of recovery soon. But the work was reaching a new, more complicated phase, with an official saying divers must now rip through cabin walls to retrieve more victims.

Looming in the background is a sensitive issue: When to bring in the cranes and begin the salvage effort by cutting up and raising the submerged vessel. The government has warned that the work might eliminate air pockets that could be sustaining survivors, but for some relatives that is a long-lost hope.

"Now we think we have to deal with this realistically," said Pyun Yong-gi, whose 17-year-old daughter is among the missing.

"We don't want the bodies to decay further, so we want them to pull out the bodies as quickly as they can," Pyun said on Jindo island, where recovered bodies are taken for families to identify.

Koh Myung-seok, spokes-

man for the government-wide emergency task force, said the work is becoming more difficult, and divers must now break through cabin walls.

The government has not said when it intends to begin the salvage effort, though it has said it will be considerate of families of the missing.

For some relatives of the missing, speed in recovering the dead is becoming more important than shrinking hopes that their loved ones might still be alive.

Pyun and other relatives have set a deadline of Thursday for the government to recover all the bodies, though he con-

cedes they have no way to enforce it.

The victims of the April 16 disaster are overwhelmingly students of a single high school in Ansan, near Seoul. Twenty-two of the 29 members of the ferry's crew survived, and 11, including Capt. Lee Joon-seok, have been arrested or detained in connection with the investigation. Two of the crew were arrested Wednesday, senior prosecutor Ahn Sang-don said.

Ahn said an analysis of photos and video on the ship showed the captain and other crew members didn't rescue passengers, though it was their duty. **THE ASSOCIATED PRESS**

The captain's actions

The ferry's captain told passengers to stay in their cabins and waited half an hour to issue an evacuation order.

- He has said he waited because the current was strong, the water was cold and passengers could have drifted away.
- However, experts say he could have instead ordered passengers to the deck, where survival chances are higher.

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Dutchman could be extradited before trial in Holland

Amanda Todd.

Dutch prosecutors suggest trial plans for B.C. teen's alleged tormentor could change if extradition request received

A Dutch man accused of surreptitiously capturing webcam footage of British Columbia teen Amanda Todd, as well as dozens of other victims around the world, won't necessarily have to wait until after his trial in his home country before facing possible extradition to Canada, Holland's prosecution service says.

Aydin Coban, 35, is in a

Dutch jail accused of using the Internet to target teen girls and adult men in several countries, including Canada. He was arrested in January in Oisterwijk, located in southern Holland.

Coban was charged last week in B.C. in connection with Todd, a 15-year-old girl from Port Coquitlam who took her own life after she was sexually exploited online.

He's accused of extortion, Internet luring, criminal harassment and two counts relating to child pornography in the Todd case.

The province's criminal justice branch plans to ask the federal government to request extradition, though the Crown has cautioned such a process would likely have to wait until

Charges

5

The RCMP announced last week that Aydin Coban is facing five charges in B.C. related to Amanda Todd.

Coban's trial is finished in Holland.

But Paul van der Zanden, a spokesman for the Dutch public prosecution service, said Dutch authorities won't necessarily insist on putting Coban on trial in their country first.

Van der Zanden said police have identified other potential victims in Canada, as well. He couldn't provide an exact number, but said there were fewer than 10.

THE CANADIAN PRESS



Rite of passage for Buddhist boys

A Buddhist monk shaves the head of a boy in this April 8 photo taken during an ordaining ceremony at a Buddhist monastery in suburbs of Yangon, Myanmar. Though most boys only remain monks for a few days, ordination is seen as a rite of passage in this predominantly Buddhist nation of 60 million.

GEMUNU AMARASINGHE/THE ASSOCIATED PRESS

Kosovo

Lawmakers OK war crimes court to probe killings

Lawmakers in Kosovo cleared the way Wednesday for the creation of a European Union-backed court that will investigate crimes committed by ethnic

Albanian rebels during the country's 1998-99 war of independence from Serbia.

Suspected crimes include the killing of about 400 civilians, chiefly Serbs, and allegations that a handful of victims were slain specifically to harvest their organs for sale on the black market.

The rebels enjoyed NATO backing in a war that left

about 10,000 dead and millions homeless. The West then staunchly supported Kosovo in its efforts to emerge from the conflict as an independent state. As Kosovo's statehood has settled, the ethnic Albanian majority has faced rising pressure to identify and punish their own war criminals. THE ASSOCIATED PRESS

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Critical. Americans replace dead computer on the Int'l Space Station

Spacewalking astronauts easily replaced a dead computer outside the International Space Station on Wednesday and got their orbiting home back up to full strength.

The two Americans on board, Rick Mastracchio and Steven Swanson, hustled through the urgent repair job, swapping out the computers well within an hour. The new one tested fine.

"Excellent work, gentlemen," Mission Control radioed.

The removed computer, a critical backup, failed nearly two weeks ago. The prime computer has been working perfectly, but NASA wanted to install a fresh spare as soon as possible.

Mission Control waited until after the arrival of a capsule full of fresh supplies Sunday.

Replacing the computer —

a compact 22-kilogram box — involved just three bolts, hardly anything for a spacewalking chore.

Engineers do not know why the original failed. Mission Control asked the spacewalkers to keep an eye out for any damage that might explain the breakdown. Nothing jumped out.

Flight controllers were trying to load software into the spare computer on April 11, but it failed to activate. That set into motion a frenzy of ground meetings and tests to fix the problem. NASA feared that if the primary computer went down as well, the entire space station would be in jeopardy. These two computers — the primary and backup — control the pointing of the solar wings and radiators, as well as the movement of the robot-arm rail cart.

THE ASSOCIATED PRESS



Astronauts Steven Swanson, left, and Rick Mastracchio on spacewalk.
NASA/THE ASSOCIATED PRESS

Everest climbing season is in disarray

Many Sherpas walkout. Climbers will have to forfeit the money they have spent to go up: \$75,000

Dozens of Sherpa guides packed up their tents and left Mount Everest's base camp Wednesday, after the avalanche deaths of 16 of their colleagues exposed an undercurrent of resentment by Sherpas over their pay, treatment and benefits.

With the entire climbing season increasingly thrown into doubt, the government quickly announced that top tourism officials would fly to base camp Thursday to negotiate with the Sherpas and encourage them to return to work.

But while Nepal's government has been heavily criticized for not doing enough for the Sherpas in the wake of last week's disaster, the deadliest ever on the mountain, one top official blamed the walkout on "hooligans."

"It was crowd behaviour — some hooligans were creating problems, but things are getting back to normal," said Sushil Ghimire of Nepal's Tourism Ministry.

While it was unclear just how many of the 400 or so



Nimdige Sherpa holds a portrait of her son Ang Kaji Sherpa, killed in an avalanche on Mount Everest, with her husband Ankchu Sherpa seated beside her in their apartment in Katmandu. NIRANJAN SHRESTHA/THE ASSOCIATED PRESS

Sherpas on the mountain had joined the walkout, a number of expedition companies have already cancelled their climbs, and the lucrative climbing season is in disarray.

Most attempts to reach Everest's summit are made in mid-May in a brief window of better weather. Without the help of the Sherpas, who are key guides and also haul gear up the mountain, it would be nearly impossible for climbers to go up. Thirteen bodies were recovered after the avalanche, three Sherpas are still missing. THE ASSOCIATED PRESS

Sticking points for Sherpas: Pay, treatment and benefits

American climber Ed Marzec, 67, said by phone from base camp that Sherpas were loading their equipment onto a helicopter.

- "There are a lot of Sherpas leaving this morning, and in the next two days there will be a huge number that will follow," said Marzec, 67, of California. He has already decided to abandon his climb.

- Tusli Gurung, a guide who was at base camp Wednesday, estimated that nearly half the Sherpas had left.

- Friday's avalanche was triggered when a massive piece of glacier sheared away from the mountain along a section of constantly shifting ice and crevasses known as the Khumbu Icefall — a treacherous area.

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Atlanta

Abducted boy, 9, sang gospel song until released

A 9-year-old boy who police say was abducted for a short time from his driveway is being praised by community leaders for his calm as he sang the gospel song Every Praise until the man released him. Willie Myrick recounted the story at a recent gathering in his honour. He says as he sang, the man drove around and was cursing before eventually letting him go unharmed last month. Grammy Award-winning gospel singer Hezekiah Walker, who performed the song, travelled to Atlanta to meet the boy.

THE ASSOCIATED PRESS

Congo

Death toll could rise in derailed train accident

Officials in Congo say a freight train has derailed in the country's south-east, killing at least 30 people.

Government spokesman Lambert Mende said Wednesday that the death toll could be much higher. It is common in Congo for people to jump onto freight trains for a free ride. A union official, Fernandez Tshibondo, said the train jumped the tracks Tuesday near the station at Katongola, a town in Congo's Katanga province. The cause was not immediately clear and an investigation has been opened. THE ASSOCIATED PRESS

Stowaway to Maui

Wheel-well boy said an argument started it all

The head of Maui's main airport says a 15-year-old stowaway aboard a flight from San Jose had no clue he was in Maui after jumping from a jetliner's wheel well to the tarmac.

Maui District Airport Manager Marvin Moniz said on Wednesday that the boy was disoriented and weak when he got off the Boeing 767, and he was questioned for about 30 minutes by FBI and transportation officials.

Moniz says the boy wobbled as he walked, and was soft-spoken, only saying his journey started with an argument at home. THE ASSOCIATED PRESS

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Athlete speaks out about friend's suicide

Allegations. Friend of woman who ended her life while on a swimming scholarship in Missouri discusses sexual assault and college athletic culture



JESSICA SMITH CROSS
Metro in Toronto

Rolandis Woodland was a wide receiver at the University of Missouri when his close friend, Canadian swimmer Sasha Menu Courey, was allegedly raped by one or more football players and later took her own life.

Reached by phone in Missouri last week, after an independent investigation into his school's handling of Menu Courey's case, Woodland had some insights on why there are so many headlines about college athletes accused of sexual assaults.

"With some athletic programs, sometime you're taught to just like, if there's a problem, you need anything you go to the coach. You don't go to the police or anything, you go to the coach," said Woodland, a recent grad.

Part of the problem, he said, is putting athletes on a pedestal.

"When you go around ... thinking you can do no wrong — if there's trouble your coach is going to get you out of it, nobody can touch you — then you're going to feel like you can do whatever you want," he said.

Menu Courey, from Toronto, went to the University of Missouri on a swimming scholarship in 2009. She struggled with borderline personality disorder and ended her life in June 2011.

Menu Courey left a diary and records of an online chat with a rape crisis counsellor that recounted what happened in February of her freshman year. She had gone home from a bar with



Rolandis Woodland, seen playing for the Missouri Tigers in 2010, spoke about university athletic culture in response to the alleged rape and suicide of his friend Sasha Menu Courey, seen in inset. GETTY IMAGES FILE; INSET: THE ASSOCIATED PRESS FILE

a football player and had consensual sex. Afterwards, other players came into the room and one or more raped her as she tried to call for help.

This month, after an independent investigation into the university's handling of the allegations, offi-

cials vowed to change how the institution responds, making sure employees know their obligation to report sexual assaults to law enforcement. The investigation couldn't determine if any non-medical personnel knew of the sexual assault and failed to report it before

she died. However, it said school officials who learned about the sexual assault in a 2012 newspaper report had an obligation to report it to police, but did not.

The Columbia, Mo., police department began their investigation in January, almost four years after the in-

Contact info

For information about Sashbear and the second annual Borderline Walk for The Sashbear Foundation, go to sashbear.org.

cident. There have been no arrests. A spokesperson told Metro there are no updates.

For Woodland and Menu Courey's parents, who live in Toronto, the handling of the sexual assault case was only half of the story. They have concerns about how the school supported her mental health needs. "She was always honest, she told them she had the problems — she had mental problems and she had suicidal thoughts and they were just like, oh, red flag, I think we don't really need her anymore," said Woodland. Menu Courey's parents, Lynn Courey and Mike Menu, now run an organization, Sashbear, that promotes awareness of mental health issues.

Jailed U.S. soldier

WikiLeaker Bradley becomes Chelsea Elizabeth

A Kansas judge granted a request Wednesday to formally change the name of the soldier convicted of leaking classified documents to WikiLeaks from Bradley Edward Manning to Chelsea Elizabeth Manning. The former intelligence analyst is serving a 35-year prison sentence for passing classified U.S. government information to the anti-secrecy website. "Hopefully today's name change ... can raise awareness of the fact that we (transgender) people exist everywhere in America," Manning said.

THE ASSOCIATED PRESS

Ruling by top court

Victims of porn

The U.S. Supreme Court has rejected a plea to make it easier for victims of child porn to collect money from people who view their images online. The judges said a law already gives victims the right to restitution, within limits. THE ASSOCIATED PRESS

B-31. Gigantic iceberg seen as more interesting than threatening

Scientists are watching an iceberg bigger than the island of Guam as it slowly moves away from an Antarctic glacier.

NASA scientist Kelly Brunt said it is more a wonder than a worry and is not a threat to shipping or sea level rise.

Brunt said the iceberg, named B-31, is about 660 million square kilometres, roughly six times the area of Manhattan, and as much as 487 metres thick.

It broke off from the critical Pine Island Glacier

last fall and researchers have been watching it move away ever since.

She said it is completely natural for icebergs to split off from glaciers in Antarctica, but this calving does shrink the Pine Island Glacier beyond its 30-year normal.

Scientists first detected a rift in the glacier in October 2011 during flights for Nasa's Operation IceBridge, Earth Observatory reported. By 2013 the crack had cut completely across the ice shelf. THE ASSOCIATED PRESS



These NASA images from 2013, left, and 2014 photos show B-31. NASA/AP

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Rebels claim Syrian forces used chlorine gas



In this photo, children are seen receiving oxygen in Kfar Zeita, a rebel-held village in Hama province north of Damascus. SHAAH NEWS NETWORK/THE ASSOCIATED PRESS

Proof? Activists have posted videos online depicting pale-faced people coughing and gasping for breath

Syrian government forces have attacked rebel-held areas with poisonous chlorine gas in recent weeks and months, leaving men, women and children coughing, choking and gasping for breath, according to Associated Press interviews with more than a dozen activists, medics and residents on the opposition side.

Syria flatly denied the allegations, which have not been confirmed by any foreign country or international organization.

Witnesses near Damascus and in a central rebel-held village told the Associated Press of dozens of cases of choking, fainting and other afflictions from inhaling fumes that some said were yellowish and smelled like chlorine cleanser. Some of those interviewed said they believe the gas was responsible for at least two deaths.

They said the fumes came from hand grenades and helicopter-dropped "barrel bombs," which are crude containers packed with explosives and shrapnel.

Activists have posted videos similar, though on a far smaller scale, to those from last August's chemical weapons attack near Damascus that killed

hundreds of people and nearly triggered U.S. airstrikes against Syria. The new footage depicts pale-faced men, women and children coughing and gasping at field hospitals.

It's an accusation that carries high stakes, and the Syrian opposition has an interest in pushing such claims in hopes of spurring the world to take stern action against Assad, who faces a Sunday deadline for handing over all his chemical weapons for destruction.

Chlorine has a multitude of ordinary civilian uses, including laundry bleach and swimming-pool disinfectant. But in high concentrations, it can attack the lungs and asphyxiate victims.

Syria's use of chlorine-filled bombs, if confirmed, would be a violation of the chemical weapons treaty that Assad's government signed last year as part of a deal to hand over its stockpile.

On Wednesday, Syria's U.N. Ambassador Bashar Ja'afari said his government categorically denied the use of chlorine gas. Ja'afari further disputed that chlorine gas could be categorized as a chemical weapon, saying "it is a mundane substance used for bleaching clothes in the laundry or disinfecting swimming pools."

On Sunday, French President Francois Hollande told Europe 1 radio station there were "elements" suggesting recent use of chemical weapons, but no proof.

THE ASSOCIATED PRESS

Ukraine

Canada deploying 500 personnel to monitor elections

Canada is sending a message to Russia by deploying up to 500 people to monitor Ukraine's presidential election next month, a cabinet minister said.

Employment Minister Jason Kenney said the observers are part of Canada's

answer to Moscow's provocations.

Kenney said he's not worried about the Canadian presence antagonizing the Kremlin. "I hope that Moscow notices. We are doing this in part to send a message as with everything else we're doing in Ukraine," he said.

Kenney said one way Canada is showing its disagreement with Russia is to strongly support "free and fair" presidential elections in Ukraine. **THE CANADIAN PRESS**

Flight 370

Material washed along shore may be linked to lost plane

Authorities say unidentified material that washed ashore in southwestern Australia is being examined for any link to the lost Malaysian plane.

The search co-ordination centre said Wednesday evening that police secured the

material that washed ashore 10 kilometres east of Augusta in Western Australia.

Its statement did not describe the material found.

The Australian Transport Safety Bureau is examining photographs to assess whether further investigation is needed and if the material is relevant to Flight MH370.

Augusta is near Australia's southwestern tip, 310 kilometres from Perth, where the search has been headquartered. **THE ASSOCIATED PRESS**

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Paramedics treated drunk teen at Harper home: Reports

'Not a police matter'

Ambulance sent to 24 Sussex Drive on night PM's son was believed to be celebrating 18th birthday

The RCMP is confirming that paramedics were called to Prime Minister Stephen Harper's residence early Sunday morning amid media reports that an 18-year-old woman was severely intoxicated.

In a statement, RCMP spokesperson Cpl. Lucy Shorey said an ambulance responded to 24 Sussex Drive. She did not describe the nature of the call, but said it did not involve Harper or his family.

"This was a medical call and not a police matter. It



did not involve any of our protectees," Shorey said in a statement.

A Quebec radio station reported that the emergency call involved an intoxicated

18-year-old woman, who was taken to hospital. J.P. Trottier, a spokes-

person for the Ottawa Paramedic Service, confirmed that paramedics took a patient to hospital, but said he could not provide details about the gender, age or condition because of patient confidentiality.

"Because of the potential identification of the patient, we can't talk about it," he said in an interview.

It's believed that Harper's son Ben celebrated his 18th birthday on Saturday. Harper and wife Laureen also have a daughter, Rachel, who is three years younger.

Jason MacDonald, Harper's director of communications, declined to comment on the report and would not say whether Harper or his wife were home at the time of the incident.

The legal drinking age in Ontario is 19.

TORSTAR NEWS SERVICE

Winnipeg

Cops recommend charges in pee wee hockey brawl

Criminal charges have been recommended following a pee wee hockey brawl in Winnipeg, where an on-ice scuffle took place during a February game between teams from Sagkeeng First Nation and Brokenhead Ojibway Nation. A melee ensued between referees, players and adults.

THE CANADIAN PRESS

TSA

Woman offered \$75,000 in airport breast-milk fracas

A California woman held at a Phoenix airport four years ago after refusing to have her breast milk X-rayed has reached a settlement with the U.S. Transportation Security Administration.

Stacey Armato said Wednesday that TSA officials have offered her \$75,000.

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NYPD's Twitter PR move prompts brutal backlash

#myNYPD. Police dept. invites people to post photos with local cops, but tactic backfires as images of violence flood hashtag

The largest police department in the U.S. learned the hard way that there are legions online devoted to short-circuiting public relations campaigns — in this case, the NYPD's Twitter invitation to people to post feel-good photos of themselves posing with New York's Finest.

What #myNYPD got instead was a montage of hundreds of news images of baton-wielding cops arresting protesters, pulling suspects by the hair, unleashing pepper spray and taking down a bloodied 84-year-old man for jaywalking.

It was a mistake of epic proportions, with the hashtag among the most-trafficked in the world Tuesday, creating a



This photo of a police lieutenant swinging his baton at protesters in 2012 is among many put on Twitter in response to an NYPD request for users to share pictures of themselves posing with police officers. MARY ALTAFFER/THE ASSOCIATED PRESS FILE

public relations nightmare for a new NYPD leadership intent on creating a more community-friendly force.

The #myNYPD misfire comes at a time when new Police Commissioner William Bratton is trying to re-brand the department to counter criti-

cism that it has been trampling on people's civil rights. Last week, it disbanded an intelligence unit that spied on Muslim neighbourhoods, and it has promised reforms to the crime-fighting tactic known as stop and frisk.

THE ASSOCIATED PRESS

Labour. McDonald's puts foreign worker program on hiatus amid criticism

McDonald's Canada is putting its temporary foreign workers program on hold while a third party conducts an audit on its use of the plan.

Stung by recent criticism of its use of foreign workers, the restaurant chain's vice-president of human resources Len Jillard said Wednesday the firm needs to pause the plan to prove to Canadians it is abusing neither the program, nor its workers.

Jillard said McDonald's has already informed the federal government — including federal Employment Minister Jason Kenney — about its plans.

"The reason why we're doing that is we want to communicate to everyone we're taking this very seriously," Jillard said. "We're taking a pause. We're making sure that we've got everything in order, which I'm convinced we have."

Three McDonald's franchises in Victoria and a pizza restaurant in Weyburn, Sask., are at the centre of program-abuse allegations involving Canadian

Penalties

In Winnipeg on Wednesday, Employment Minister Jason Kenney warned that employers who abuse the temporary foreign workers program could face fraud charges.

employees alleging foreign workers were given priority work status and in some cases took their jobs.

McDonald's is in the process of taking full ownership of the three Victoria franchises from the Victoria operator who previously held an 80 per cent share in the three outlets.

Jillard said the company was setting up the terms of reference for the third-party analysis, but hadn't yet hired the firm that would do the work.

"It's responsible for us as a reinforcement of our core value of being responsible, ethical and caring for our employees that we take this pause right now." THE ASSOCIATED PRESS

Survey

I do ... not believe I can afford to pay for this wedding

Canadians planning to tie the knot expect to spend an average of \$15,000 on their big day, but many don't think they'll be able to foot the entire bill, according to a new study.

The BMO Investor-Line survey of 500 adults revealed that nearly 40 per cent of respondents believe their ideal wedding is out of reach. THE CANADIAN PRESS

Maine

Keep your eyes on your fries — they're on fire!

Bring on the ketchup: A tractor-trailer carrying 40,000 pounds of french fries caught fire in a Walmart parking lot in the Maine city of Waterville.

The Portland Press Herald reports that nobody was injured in the fire.

THE ASSOCIATED PRESS



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Cookapp. Serving up a new take on the old chef-diner relationship recipe

If the latest development in culinary social media catches on, the trendiest restaurants may no longer be restaurants.

A growing number of apps and websites are taking the traditional chef-diner relationship out of established eateries and into private homes. Cookapp, for example, is just the latest to launch in the U.S., connecting adventurous diners with independent chefs — and even just ambitious amateur cooks — willing to host dinners at their homes and

other offbeat locations.

Like its peers EatWith and Feastly, Cookapp is taking a bite from the edible side of the “shared economy,” where so-called peer-to-peer businesses are disrupting established industries and giving headaches to municipal regulators and tax collectors. Other non-food apps in this realm include Uber and Lyft, which match private drivers with people needing rides, and VRBO and Airbnb, which help people turn their homes into vacation rentals.

THE ASSOCIATED PRESS

Google Street View offers new view for you

Ch-ch-changes.

Travel back in time online to see what Halifax used to look like

Trips down memory lane are now available on Google's digital maps.

The new twist on time travel debuted Wednesday as part of the Street View feature in Google's maps, a navigational tool that attracts more than one billion visitors each month. Street View snapshots will now include an option to see what neighbourhoods and landmarks looked like at different periods in the last seven years, as Google Inc. has been dispatching camera-toting cars to take street-level pictures for its maps.

Even though the photos only date back to 2007, some of them illustrate dramatic changes.

THE ASSOCIATED PRESS



This illustration provided by Google shows what the Howard Theater in Washington looked like in July 2009, left, and after renovation in May 2012, right. GOOGLE/THE ASSOCIATED PRESS

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Lac-Mégantic tragedy

Canada to phase out old rail tankers by 2017

Canada will require a three-year phase-out or retrofit of the type of rail tankers involved in last summer's massive explosion of an oil train that incinerated much of a Quebec town and killed 47 people, Canada's transport minister announced Wednesday.

Last July, a runaway oil train derailed in Lac-Mégantic, Que. About 30 buildings were destroyed. Transport Minister Lisa Raitt said the DOT-111 tank cars carrying crude oil and ethanol must be phased out or retrofitted within three years.

THE ASSOCIATED PRESS

'A fishing expedition'

Airbnb fights N.Y.C. over bid to identify hosts of rentals

Airbnb has urged a New York judge to reject a subpoena for information about those using the global website to offer apartment rentals in New York City, its attorney calling that “a fishing expedition.”

The subpoena filed last year by New York Attorney General Eric Schneiderman is improperly “overbroad” and certain to snare information about thousands of people who haven't broken any laws, attorney Roberta Kaplan said Tuesday.

“This is private information. This is confidential information,” she said.

THE ASSOCIATED PRESS

E-commerce

Home Hardware stores to get FedEx mini-hubs

As more Canadians turn to online shopping, courier operator FedEx hopes an agreement to open shipping centres at Home Hardware Stores Ltd. will help it grab a larger piece of the growing e-commerce market.

Federal Express Canada Ltd. said the centres will offer more “points of access” for customers to drop off and pick up parcels.

The new FedEx locations will look very similar to the Canada Post outlets that are tucked into stores operated by Shoppers Drug Mart, Jean Coutu and others such as convenience stores across Canada. THE CANADIAN PRESS

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WE'RE ANGRY TAXPAYERS, SORT OF

If I didn't know any better, I'd say The Angry Taxpayer is a myth.

Indirect evidence tells me they exist. They are the power source for AM radio, the fertile soil of Ford Nation, the engine that keeps the Internet's comments sections humming.

But if I've met more than one or two Angry Taxpayers during my entire life then they've hid it well.

There's that one guy who holds court in every greasy spoon I've ever eaten in, but I think he might be the same guy doing a nationwide tour.

It's called "I'll Tell Ya One Thing" and it owes some of its sense of variation to Nick-elback. I'm not suggesting there's a human being alive who likes paying taxes.

But people who "hate" their taxes hate them in the same way they hate doing laundry or taking off a Band-



HE SAYS
John Mazerolle
metronews.ca

Aid. It's a chore worthy of sighs, not an abomination worthy of a Hulk Smash.

Yet I've always accepted that the public is like the bearded guy in 300, screaming, "WE ARE TAXPAYERS!!!" before kicking a public servant into a bottomless hole representing the deficit.

Only deciding to write a column about tax time made me think about it long enough to realize that just about everybody I know would've told the guy standing near the hole that he should be careful and then lobbied their city council for a guardrail or a sign that says WARNING: HOLE.

Frankly, I've heard more outrage from friends and co-workers about disappointing episodes of The Walking Dead than I have about Canadian taxes.

Even when there's a spending scandal, it's mostly partisan reflex — outrage if your personal bad guys are in of-

fice, an acceptable slip-up if you think the good guys are in charge. I've given this some thought as I prepare my own taxes — glumly, not angrily.

Why do we accept our taxes more passively than the stereotypes imply? Is it because most of us have had some ailment covered by universal health care, and have thus decided that lower take-home pay is worth the joy of knowing, for instance, that the neighbour you despise helped pay for your mole removal?

Is it that we realize even the worst scandal imaginable (e.g., a fake lake built for Rob Ford late-night parties in the middle of the Senate) only costs us about five cents a day?

Is it that we know if we actually had the money we'd waste it on lottery tickets and the new Johnny Depp film? Or is it just that I live a blinkered existence and am oblivious to the seething rage of the Common Man?

I know it might be the last one, so I've been talking to people to get a sense of their rage.

Apparently the finale episode of How I Met Your Mother was really bad. Won't someone think of the children?

ZOOM

It's a scene of terror



KAREN LUNNEY/SOLENT NEWS

Wildebeest take on gruelling trek

Thrashing wildly in the water, thousands of wildebeest battle against each other to cross a powerful river. The scene of sheer panic among the animals in Kenya's Mara River — just north of the border with Tanzania — is part of the largest animal movement in the 21st century, popularly known as the Great Migration.

The herd's panic is depicted in the eyes of the wildebeest. The photographer likens the stare of this animal to Dante's Inferno in epic poem The Divine Comedy. **METRO**

Behind the lens

- **Captured by:** Karen Lunney, from Brisbane, Australia.
- **Accompanied with:** Her husband and guide, who spotted a vantage point for the sight.
- **Quoted:** "Perhaps very foolhardy, we grabbed cameras and made our way by foot through the bush to the river's edge. We watched as wildebeest reached our side of the river but struggled to find an easy way up to freedom."

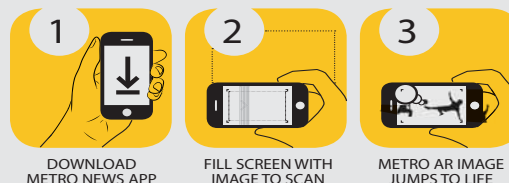
Number of travellers

1.5M

wildebeest — accompanied by 300,000 zebra — make their long trek from Tanzania's Serengeti Plains, further north to Kenya's Masai Mara National Reserve. The herds of animals make the yearly, 2,900-kilometre journey in a desperate search for food and water. Some 250,000 wildebeest perish every year while taking on the arduous African odyssey.

METRO AUGMENTED REALITY

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In this issue, you can find AR enhancements on page 16 in Business, pages 24 and 29 in Life, and page 34 in Sports.

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MetroTube

Robot army amazes

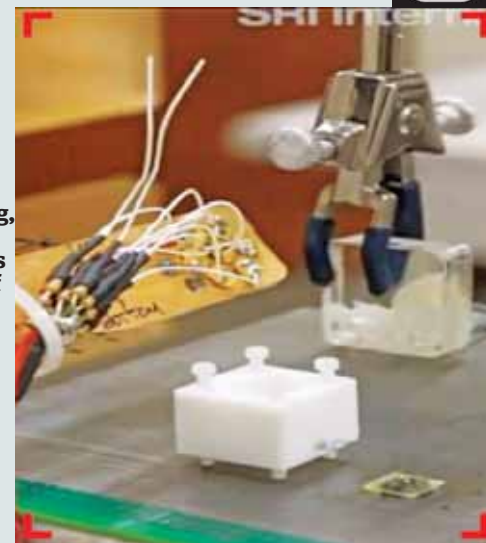


ANDREW FIFIELD
metronews.ca

Every now and again, a nifty technology company unveils a demo video of a robot snake or a robot cheetah or some such thing, and they're all very cool. But then the initial dazzlement fades and you're left with the vision of being chased through backyards and alleys by herds of them.

Same goes for these critters from SRI International. The near limitless possibilities of a tiny, highly co-ordinated workforce capable of small scale manufacture is amazing. But then comes the realization that this is more or less a robot ant army. What could go wrong?

(Via SRI International on YouTube)



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2 SCENE

20

SCENE

metronews.ca
Thursday, April 24, 2014

Time to shuffle up and deal for a great cause

Monte Carlo Night.
Annual event raises funds for equipment for the Nova Scotia Hearing and Speech Foundation



BACKSTAGE PASS
Jenna Conter
halifax@metronews.ca

Charity events around these parts seem to smack of the same sit down, listen up and dole out trend. As long as it's for a good cause, few of us who are able to give complain. But if there's something different to do, all the better.

Attempting to swallow her own bias, volunteer chair Cheryl MacLeod deems her Monte Carlo Night as one to not be missed.

After almost a decade, Monte Carlo Night — the Nova Scotia Hearing and Speech Foundation's most lucrative fundraiser — continues not only to bring in some major funding for the foundation, but to promise an evening to remember.

In partnership with Casino Nova Scotia, the foundation asks you to shuffle up and deal for an amazing cause.

"The event helps raise money for top-of-the-line equipment for the more than 30 centres around the region," says MacLeod. "This equipment becomes outdated quite quickly and we



Nova Scotia Hearing and Speech's Monte Carlo Night takes place Saturday night at Casino Nova Scotia. CONTRIBUTED

strive to have the best equipment to diagnose and support the people that utilize the centres."

This black-tie gala takes the typical sit-down dinner to the blackjack tables. With the aid of celebrity dealers, Monte Carlo Night keeps guests entertained with its cocktail party band, Tom Collins, providing the best soundtrack for this unique event.

Originally the result of

a relationship between the foundation and the Nova Scotia Gaming Corporation, the casino was brought in to help facilitate the authenticity of a proper gaming event.

According to MacLeod, the relationship between the casino and the foundation continue to move forward — last year bringing in over \$70,000.

"As the event has grown, so, too, has the relationship.

The casino just continues to support and surprise us with bigger and better things each year," says MacLeod.

"It's been a wonderful partnership for us, and for them."

Top prizes include round-trip airfare to a location of your choosing, a great silent auction table filled with amazing items and, of course, the Balloon Pop: the evening's most popular event.

Check it out!

What: Monte Carlo Night

• **When: Saturday, 7:30 p.m.**

• **Where: The Schooner Showroom, Casino Nova Scotia**

• **Tickets: montecarlohfx.com**

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Blame Frankenstein, not the monster

Super Duper Alice Cooper. Doc shows how singer had to admit he was the addict — not his sinister alter ego



RICHARD CROUSE
scene@metronews.ca

Alice Cooper's theatrical brand of rock 'n' roll has been horrifying audiences for five decades.

Onstage, the kohl-eyed singer of School's Out and No More Mister Nice Guy is the stuff of nightmares.

His grotesque Grand-Guignol reputation was cemented when he was accused of biting the head off a chicken and drinking its blood during the Toronto Rock 'n' Roll Revival concert in September 1969.

A new movie, Super Duper Alice Cooper, details how Vincent Furnier, a preacher's son from Arizona, morphed into a



Super Duper Alice Cooper documents how a preacher's son named Vincent Furnier became a rock star named after a 17th century witch. CONTRIBUTED

baby-doll-butchered rock star who found fame under the name of a 17th century witch.

It also unveils the truth about the "poultry incident."

According to the film, it was during the climax of

Cooper's wild set that a chicken somehow made its way onstage and Alice — thinking the bird could fly, threw it into the air — expecting it to soar into the sky.

Instead it dropped like a

stone into the audience who promptly tore it apart. The next day newspapers reported a sensational version of the story, one that painted Cooper as a chicken-killing degenerate, giving the band their best pub-

Quoted

"I didn't realize that Alice was not the problem. It was Dr. Frankenstein that was the problem, not the monster."

Alice Cooper on coming to the realization that his villainous Alice Cooper character didn't have to exist anywhere else except on stage

licity to date and Alice an idea.

"That was the moment I realized the audience really needed a villain," says Cooper.

"They wanted so much for Alice to be the guy who killed that chicken. Nobody else in rock 'n' roll would have done that except this really creepy guy up there. It clicked in my head that I needed to make this Alice character a definitive Moriarty. When that happened, I saw what the audience wanted.

"I knew I could develop this guy into something that is really going to be fun to play."

For the next 15 years he

played Alice to the hilt, on stage and off. It wasn't until a stint in rehab made him reassess his priorities and understand that Alice the character didn't need to exist anywhere except on stage.

"If that grey area would have cleared up and I could have put Alice in his proper place," he says, "it would have been a lot easier.

"But like anything else, when you're a creative character, you always take the hard road. I didn't realize that Alice was not the problem. It was Dr. Frankenstein that was the problem, not the monster. Alice never drank on stage.

"Alice never did drugs on stage. It was the creator of the monster that had the big problem."

These days, at age 66, Cooper is still going strong. He remains a wild man on stage with a new tour and album in the works.

"I still love the fact that people expect a show," he says, "and they get more than there were expecting every time."





Lupita Nyong'o ALL PHOTOS: GETTY IMAGES

Feast your eyes on
the world's
Most Beautiful human

Congratulations to Lupita Nyong'o, who has been officially named the Most Beautiful human on the face of planet Earth by People magazine. Nyong'o rocketed to fame in the role of Patsy in 12 Years a Slave, for which she won an Oscar. Growing up surrounded by Western images of attractiveness made it difficult to see herself as beautiful, she says. "Light skin and long, flowing, straight hair," she told People. "Subconsciously you start to appreciate those things more than what you possess."

Nyong'o, who was born in Mexico and grew up in Kenya, experimented extensively with her look as a teen, even shaving her head at one point. But now she craves simplicity: "I have been called beautiful with not one drop of makeup on," she says. "And also before I comb my hair or put on a pretty dress. Happiness is the most important thing." This is the third time that People has named a black woman its Most Beautiful since beginning the tradition. Previous honourees include Halle Berry in 2003 and Beyoncé in 2012.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Maybe Laura and Tom would date... if they ever met...

MELINDA TAUB
Metro World News in New York

Laura Prepon is laughing off rumours that she's dating fellow Scientist Tom Cruise. "I'm flattered because I think he's hot, so I'm like, 'Oh, that's nice.' And apparently he's very gentlemanly with me," the Orange is the New Black star joked with the Daily Beast during an interview.

“Apparently we get along great and he knows

that I have a favourite bottle of wine that I didn't even know I had." Prepon expressed her further disappointment with the tabloid reports during an interview with SheKnows.com, calling the story "false" for the record. "Where are they getting this stuff? It's unbelievable to me," she said.

“Apparently, I’m dating Tom Cruise right now and apparently, he doesn’t want me doing (Orange is the New Black) because I portray a lesbian and I’m a Scientologist.”

And how does she know for sure that she's not dating Cruise? Because Prepon has never formally met him, which is a tough obstacle to overcome in a relationship.

Twitter



@MarkRuffalo

Hello to all the people all over the world, and to the
 astronauts far out in space, and people in airplanes
 and boats!



@KellyOsbourne

I can't believe I started work at 2am today and don't feel like I hate my life! Maybe I'm a morning person after all or I just love working!



@rosemcgowan

My left eye has been twitching for 2 weeks now. Any remedies?



Lindsay Lohan

Lohan reveals miscarriage, ex-beaus deny culpability

Lindsay Lohan dropped a bombshell during the finale of her Oprah Winfrey-produced reality show, claiming she'd had a miscarriage while filming the series — and now her ex-boyfriends are scrambling to clear their names, according to Radar Online. Sources

close to Matt Nordgren says the reality star was blindsided by the news. "Lindsay never mentioned anything about it to him," a source close to Nordgren says. "He was shocked to hear about it." And 18-year-old Ralph Lauren model Morgan O'Connor, who had a dalliance with Lohan last fall and made a brief appearance on her reality series, is making it clear to friends he had nothing to do with the shocking news.

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Drop the sweats and suit up

A regal revolution. The Brooklyn Circus founder explains why he's 'shifting and changing' attitudes toward the American uniform

RICHARD PECKETT
Metro World News

Ouigi Theodore, the founder of fashion label The Brooklyn Circus, is a man on a mission. What started as a manifesto to get Americans out of saggy jeans and sneakers has gone from the streets of Brooklyn to the style capitals of the world. It's as much to do with the charisma of the dapper dresser known as 'the Bearded Man' as the effect of global tastemaking via social media. The 38-year-old refers to the phenomenon as the 'global village'. It's an idea that's at the heart of label BKc — the modern incarnation of traditional craftsmanship and old-time dressing — that's woven from the melting pot of U.S. history and culture. He sits down to talk me through his 100-year grand plan and the true meaning of hipsterdom.

You're a dapper chap, so how long does it take you to get ready in the morning?

I'm a uniform guy, so it doesn't take me as long as you want to think. Oddly enough, I would literally wear the same rig for weeks on end — I just adjust with a cardigan or throw in a pop or change the hat.

The beard has been having a moment among hipsters



Ouigi Theodore is teaching a generation of gentlemen how to take a little more pride in their appearance. OSUKE / METRO

From the Caribbean with care

"We came into America with a certain level of discipline and it was a discipline of self-awareness and presentation and so I kind of married that to my experience."

for a few seasons now and you've been sporting yours for years. How do you define the term 'hipster'?

I recently found out that hipster was a term that was used to describe white men during the jazz era who

were trying to be black guys and cool jazz cats.

That's a new one on me. Speaking of style cultures, why do you want to change the American dress code?
American culture has been



Brooklyn Circus's garments offer classic esthetics and antique motifs while upholding the pillars of modern design. TOM VAN SCHELVEN / METRO

identified as this super and ultra casual culture. It's really about sweatpants and trainers everyday. But for me, being from Haiti and the Caribbean, there needs to be a balance. We came into America with a certain level of discipline and it was a discipline of self-awareness and presentation and so I kind of married that to my experience. I bring a balance of tailoring and casual style into American sportswear.

You've got a 100-year plan, so how far along with changing the American style culture are you?

It's changing in small pockets internationally. It's not just in the U.S., thanks to the Internet. It's incredible to see something that you think is so local being picked up globally.

Is social media helping you get the word out?

Absolutely, totally. Social media is communication. I think people look at it sometimes as entertainment, when the reality is that the communication aspect precedes entertainment. As much as people are looking to see what's going on and writing LOL on posts,

there's a lot of information being flushed through the network.

Do you find design ideas through social media?

Yeah, it's being able to travel the world everyday in small bits. I'm looking at what's happening in London and Japan and it's in real-time.

Why are the Japanese so often the first to discover new trends?

The Japanese have a special way of figuring out and hunting for what's new. It's such a competitive environment that they have to go and seek out the next thing. They love culture and anything that has a vibration or soul to it.

Do you identify with the Japanese pace of working or is it more about brand longevity for you?

Absolutely, totally. I want to be able to run into a vintage store 40, 50 years from now and see our product. It's a cycle: We buy a lot of vintage and we're inspired by it and we design off of it. We have to create something that'll become the vintage of tomorrow.

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Milan design mash-ups

Collaboration drove invention during Milan's annual design fair earlier this month, yielding the promise of homes without mobile phone chargers — and with more ergonomic seating, table settings fit for Italy's most demanding chefs and sculptures that double as furniture. The show is increasingly the launching pad for high-level collaborations among the fashion, architecture, technological and design worlds. Here are a few highlights

THE ASSOCIATED PRESS

Alta moda meets mosaic

The Pucci fashion house has teamed up with the Bisazza glass-mosaic makers to create splashy wall mosaics featuring archival Pucci patterns. The collaboration was born out of friendship between Laudomia Pucci and Rossella Bisazza, women who have taken over the historic Italian brands founded by their fathers.

While Bisazza has collaborated with designers before, this is its first with a fashion house.

"The idea is to transfer the print from garments to interiors," Bisazza said in the brand's Milan store. "It is a way to decorate the house."

Three of the creations are envisioned as wall hangings, pieces of art in limited editions of 99. Each bold, geometric mosaic is made from hand-cut stones and takes six mosaic makers 200 hours to assemble. The collection also includes three more-industrialized products that can be installed directly on interior walls.

"It has been a great collaboration, also very easy, very quick," Bisazza said. "It is not always that way."

Fashion designers are increasingly expanding into home and furniture lines to complete their brands. Prada presented its CloverLeaf Sofa, a sectional that creates intimate space for conversation. The sofa, which comes in velvety red, gold and green, commands a large space but can be broken down into elegant S-shaped seating, as Prada did in its via Montenapoleone womenswear store.

Missoni decorated an interior wall with plates in a mix-matched floral and zigzag design that it made in collaboration with the historic Tuscan porcelain company Richard Ginori.

Rossella Bisazza, right, poses in front of a mosaic inspired by Pucci at the Milan Design Fair.



LUCA BRUNO/THE ASSOCIATED PRESS



LUCA BRUNO/THE ASSOCIATED PRESS

Many crystals make light work

Baccarat chandelier and tableware on display at the Milan Design Fair.



LUCA BRUNO/THE ASSOCIATED PRESS

Get outside with a pop-up Soullmate

A Dutch design team has created pop-up furniture for temporary restaurants or festivals — a cushioned and heated bench for two with a built-in table that folds into a box for easy transport. The pieces, made for side-by-side dining or working, were dubbed Soullmate.

Cactus cozy for your Starck chair

Seven designers, including Philippe Starck, Sebastian Bergne, Sam Hecht and Kim Colin, have designed "naked" furnishings — chairs, tables, sofas — for an inaugural collection of a new brand concept dubbed Tog, short for together. Consumers can choose from colours and combinations offered by the designers. But Tog co-ordinator and designer Nicola Rapetti said the concept also establishes a network of so-called customizers who offer additions of their own. For example, one Dutch "customizer" offers knit covers for chairs, and the possibilities for collaborations within the Tog community, as it grows, is endless.



ANTONIO CALANNI/THE ASSOCIATED PRESS

Ahead-of-the-curve charging station countertops

Powermat wireless recharging technology is being incorporated into Corian surfaces, the DuPont creation that can be moulded into virtually any shape and purpose, making it ideal for kitchen countertops, bathroom surfaces and tabletops — any of which now can become a charging station. The energy transfer is through magnetic induction, not electricity, meaning "there is no chance of sparkage," said Scott Eisenstein, a Powermat vice president.



ANTONIO CALANNI/THE ASSOCIATED PRESS

Pierre Cardin goes glam lamping

This Pierre Cardin lamp was displayed at the Milan Design Fair. Cardin, a pioneer in ready-to-wear fashion, was also one of the first fashion designers to branch out into furniture. Now his nephew, Rodrigo Basilicati, is spearheading a new collection of Cardin's so called Utilitarian Sculptures.



ANTONIO CALANNI/THE ASSOCIATED PRESS

ENERGY AUDIT CAN BE MONEY WELL SPENT

Figuring out how to retrofit a home and how to prioritize those projects can be overwhelming for many homeowners.

That's why an energy audit can be \$200 well spent. Donald Dodge, Efficiency Nova Scotia spokesman, said a professional, unbiased energy adviser isn't selling anything. Rather it's his job to dig through the house to find every possible avenue to save energy.

"Then he's going to do a blower door test and the real beauty of the blower door test is he's going to pinpoint for you all the places where warm air is leaving your house and cold air is coming in," Dodge said. "Sealing those up can save you a ton of money."

There are also rebates and incentives available to help with the cost of retrofitting.

"If you're going to do that work anyhow, we're hoping you're going to go through us, take advantage of the rebates and go a little bit deeper, do a little bit more than you were originally going to do," Dodge said.

Homeowners can contact Efficiency Nova Scotia to arrange an audit with a energy audit service providers or contact a provider directly. — Jennifer Taplin



THE ENERGY EFFICIENT HOME LEADER



While building energy-efficient homes is the rage these days, it wasn't always so popular.

"We were green long before it was cool," says Tamara Barker Watson, the co-owner and operator of Whitestone Developments Ltd. Her company built its first R-2000 home more than 15 years ago. R-2000 is a demanding set of technical requirements for energy efficiency, indoor air quality and environmental responsibility. All R-2000 homes must have an EnerGuide rating of at least 86.

Whitestone is committed to energy-efficient home design. "It's our passion," says Barker Watson. "We believe in it. We're committed to it."

Not surprisingly, the company has been honoured many times for the work it does. Last fall, Barker Watson was honoured by the RBC Canadian Women Entrepreneur Awards with the sustainability award.



She was also recently honoured by the Canadian Home Builders' Association with the Riley Brethour Award, an award for marketing excellence.

Some of the things Whitestone does to build energy-efficient home is it uses blown-in cellulose insulation for the attic, high-quality windows throughout the house and for the north-facing windows, Whitestone uses triple-glazed ones. The company also makes sure the home is as tight as possible and focuses on the smallest details to achieve this, such as ensuring that drafts do not occur even through an electrical plug.

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"The window manufacturers are constantly improving their designs and the energy-rating certifications," says Brian MacPhee, the president of Alweather Windows & Doors.

Some of the advantages of using energy-efficient windows include reduced home energy costs, reduced noise from the outdoors, and a reduction of cold drafts.

MacPhee says the cost of purchasing energy-efficient windows usually only bumps up the purchase price by about 15 per cent. An easy way of identifying energy-efficient windows is to select ones which are Energy Star certified. These windows will have a low E argon coating, which reflects ultraviolet light away in the summer, helping keep the heat out of your home.

"In the winter, when the sun is low on the horizon, it tends to let more of it (heat) in," says Donald Dodge, Efficiency Nova Scotia's (ENS) lead advisor, communications and development.



ENS offers rebates to help with the purchase of energy-efficient windows. The catch is they must be Energy Star rated windows and people must enroll in ENS' home energy assessment service prior to purchasing the windows. The rebate is \$40 per opening.

Proper installation is a must because otherwise, the window won't achieve maximum energy efficiency.

It is also important to be sure the window is meant for use in the proper climate zone. Canada is divided into four climate zones, with Zone A being the mildest,

while Zone D is for the coldest climates. Nova Scotia qualifies as a Zone B.

One way of saving more on energy costs is to buy a window meant for a colder zone. In the case of Nova Scotia, that would mean buying windows meant for Zones C or D. — Richard Woodbury



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UPGRADES CAN BE EASY

Dave Walton, the director of home ideas at Direct Energy, gives homeowners easy energy-saving tips and tricks, and this includes how to implement efficiency-upgrades around the house. Here are some of his tips:

REPLACE YOUR FILTERS This will ensure clean air throughout your home. Clogged filters mean your air conditioner must work harder to move cool air through the house. This should be done every three months.

CLEAN AND ROTATE YOUR CEILING FANS Make sure all the fans in your home are working properly and are dust-free. In the summer, the blades should operate in a counter-clockwise direction to move the air downwards and maximize air circulation so your air conditioner doesn't have to work as hard.

CHANGE OUTDOOR BULBS An energy-saving light bulb can last up to 10 times longer than a normal bulb and use up to 75 per cent less energy. You'll save yourself some money and won't have to worry about them burning out.

PREPARE THE AIR CONDITIONER

Remove the winter cover and gently clean the coils of the outdoor unit with a garden hose. Make sure it's clear of debris.

CHECK FOR LEAKS Examine the seals and insulation around windows and doors. Up to 30 per cent of a home's heating and cooling costs can be lost through poorly fitted windows and doors. — News Canada

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MAKING HOMES MORE EFFICIENT IN N.S.

Things have been getting a lot greener in Nova Scotia lately.

The province was the first jurisdiction in North America to introduce hard caps on greenhouse gas emissions for electricity providers, reducing 25 per cent of greenhouse gases in the electricity sector by 2020. Nova Scotia can now reach 30 per cent of its power from renewables on a windy day — more than double what it was in 2009.

That amount is predicted to increase 40 per cent by 2020 by using energy sources including wind, tidal, biomass and hydroelectricity from the Lower Churchill project in Labrador.

Making homes more efficient is another piece of that ambitious energy

PERFORMANCE PLUS PROGRAM

Efficiency Nova Scotia's Performance Plus program is the best way that Nova Scotians building new homes can take advantage of the province's new environmental building regulations. The

program provides incentives and rebates for homes that achieve EnerGuide ratings of 85 or higher, and a significant cash bonus for homes estimated to use less than 19,000 kwh/year.

project. Two years ago the government of Nova Scotia adopted a section of the National Building Code of Canada — the section that deals with energy efficiency — to serve as the province's own energy efficiency building standard.

The move aligns Nova Scotia with national standards for energy efficiency

in the design and construction of new homes.

The new provincial building code outlines a long list of energy saving measures that are now required to be added to new homes under construction in the province — a list that includes tighter building envelopes, air barrier systems,

new energy performance standards for heating units and appliances, and UV standards on windows and doors.

The Nova Scotia Department of the Environment says the adoption of the Canada-wide code is a win for manufacturers, material suppliers, home designers and contractors who will benefit from harmonized national codes and standards. It means their product meets the harmonized energy efficiency requirements across Canada.

The code also aligns Nova Scotian new home builders with the popular national energy conservation programs such as EnerGuide for New Homes, Energy Star for New Homes and other similar programs.

— Tom Mason

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FIGHT PHANTOM POWER

Late at night when the house is quiet, phantom power strikes.

Phantom power is what Donald Dodge, Efficiency Nova Scotia spokesman, calls unnecessary power draining from left-plugged-in TVs, satellite receivers, stereos, and cellphone chargers.

"Computer printers are particularly notorious for phantom power," he said. "You don't even think about it, but they're constantly drawing."

Shutting "stuff" off is the number one most effective way homeowners can increase their energy efficiency, Dodge said. Unplug it, or in the case of the TV, DVD player and the multitude of gaming systems, get a programmable power bar that will shut it all down during the night.

"And now that the weather is getting nicer, two other big ones are wash your clothes in cold water if you're not doing that, and number two is use a solar-powered clothes dryer. It's called a clothesline."

There are also a number of low-cost ways to reduce air leakage in the house, Dodge said. The easiest one is to install installation and weather strip the attic hatch.

"The attic hatch is in fact the door to the outside and if it's -20C, it's -20C in your attic and people often have a half-inch of plywood between them and their attic," he said.



SHUTTERSTOCK

Now that it's spring, Dodge advises homeowners to take a walk around the house and check the caulking around the windows, where electricity, phone, and cable TV lines go in, and around the water tap.

Replacing incandescent lights also makes a difference. CFL or LED lights are

more energy efficient, with LED becoming the more popular choice.

"Some people don't like the colour of the CFLs where LED gives you a lot wider variety of colour along with dim-ability, and tri-light," he said. Thermostat setbacks are important this time of year too, Dodge

said, because the furnace can be shut off completely overnight.

"And this is a great time of year to think about this, make sure to have your furnace or boiler serviced every year. It's another great way to save energy."

— Jennifer Taplin

WATERBERRY PARK

A man and a woman are jogging on a dirt path through a wooded area. The woman is wearing a pink tank top and black pants, and the man is wearing a white tank top and black shorts.

Must haves:

- ☒ A great park
- ☐ A room with a view
- ☐ Creature comforts

The logo for The Parks of West Bedford, featuring a stylized green tree and the text "THE PARKS OF WEST BEDFORD" with the tagline "EMBRACING NATURE... ENJOYING LIFE."

STONINGTON PARK

A young child with dark hair, wearing a white shirt and red plaid pants, is standing in a room with white walls and a window.

Must haves:

- ☐ A great park
- ☒ A room with a view
- ☐ Creature comforts

The logo for The Parks of West Bedford, featuring a stylized green tree and the text "THE PARKS OF WEST BEDFORD" with the tagline "EMBRACING NATURE... ENJOYING LIFE."

CASCADES PARK

A white bathtub is shown in a bathroom with a window looking out onto a garden.

Must haves:

- ☐ A great park
- ☐ A room with a view
- ☒ Creature comforts

The logo for The Parks of West Bedford, featuring a stylized green tree and the text "THE PARKS OF WEST BEDFORD" with the tagline "EMBRACING NATURE... ENJOYING LIFE."

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What sounds Italian but rules Mexico?

Milanesa de pollo.

Believe it or not, this Italian-sounding recipe is among the country's most popular dishes

"The word Milanesa refers to beef, pork, veal, or chicken that has been pounded thin, breaded, and fried until deliciously crisp and golden brown," writes Pati Jinich in her book *Pati's Mexican Table*. "My addition of tangy crumbled cheese gives the breading an extra layer of flavour, and the pinch of ground chile takes the Milanesas a step beyond traditional versions."

"I could eat Milanesa de pollo every day for the rest of my life. My kids feel the same way: I usually prepare a double or triple batch at a time, store them uncooked in the freezer, and pull them out as needed during the week."

1. In a large shallow bowl, whisk together the eggs and milk. Combine the corn flakes with the cheese, chile, and salt and spread on a plate.

2. Dip each chicken breast in the egg mixture, then coat it on both sides with the corn flake mixture, so the whole breast is covered. Set aside on a plate.

3. Heat 1/4 inch of oil in a 12-inch skillet over medium heat

Ingredients

- 2 large eggs
- 2 tbsp milk
- 1 cup Kellogg's Corn Flakes crumbs or dried bread crumbs
- 1/2 cup finely crumbled queso fresco, Cotija, ricotta salata, or mild feta
- 1/2 tsp ground dried chile, such as piquin, or a Mexican mix, such as Tajin, or to taste
- 1/4 tsp kosher or coarse sea salt, or to taste
- 6 boneless, skinless chicken breasts, pounded thin
- Vegetable oil

until hot but not smoking, 2 to 3 minutes. Add as many chicken breasts as will fit in a single layer, without crowding the pan. If the edges of the Milanesas aren't bubbling in the oil, raise the heat to medium-high. Cook for 2 to 3 minutes on the first side, until golden brown and crisp, then gently flip and repeat on the other side. Remove the Milanesas from the pan and set them on a paper-towel-covered plate and keep warm. Repeat with the remaining chicken pieces, adding more oil if needed. (If you are not serving them immediately, place the Milanesas in a baking dish, without the paper towels, and keep warm in a 250 F oven.) Serve hot. **RECIPES EXCERPTED FROM PATI'S MEXICAN TABLE, © 2013 BY PATI JINICH. REPRODUCED BY PERMISSION OF HOUGHTON MIFFLIN HARCOURT. ALL RIGHTS RESERVED.**



This recipe serves six. PENNY DE LOS SANTOS

Creamy Poblano Rajas: Meat sidekick



This recipe serves eight. PENNY DE LOS SANTOS.

This recipe calls for the chiles to be charred, sweated and stemmed.

To char them, Pati Jinich suggests, "Place the chiles in a dry skillet set over medium heat ... turning them every two to three minutes for six to nine minutes."

Then, to make them sweat, Jinich says, "Place the chiles in a plastic bag or bowl. Seal the bag or cover the bowl tightly with plastic wrap and allow the chiles to sweat for 10 to 20 minutes."

Lastly, you must peel and rinse the chiles by, "holding each chile under a thin stream of cold running water" and removing the charred skin with your fingers. Then

make a slit down one side of the pepper and remove the cluster of seeds and veins.

1. Heat the butter in a large skillet over medium-low heat until melted and foamy. Add the onions and cook, stirring occasionally, until soft, translucent, and starting to gently brown around the edges, about 15 minutes.

2. Increase the heat to medium-high and add the poblano chile strips. Sprinkle with the salt and pepper and cook for 2 to 3 minutes, until the chiles have lightly browned. Reduce the heat to medium, add the cream and cheese, and cook, tossing

gently, until the sauce thickens, 5 to 6 minutes. Serve hot.

Ingredients

- 3 tbsp unsalted butter
- 1 1/2 cups slivered white onions
- 1 lbs poblano chiles, charred, sweated, peeled, stemmed, seeded, and sliced into 1-x-1/2-inch strips
- 1 tsp kosher or coarse sea salt, or to taste
- 1/4 tsp freshly ground black pepper, or to taste
- 1 cup crème fraîche
- 1/2 cup crumbled queso fresco, Cotija, farmer cheese, feta, or ricotta salata

Cookbook of the Week

Mexican flavours in your kitchen



As the host of the PBS series *Pati's Mexican Table*, Pati Jinich proves that Mexican cooking is quicker and easier than most North Americans think.

Now she puts that concept to use in her book of the same name. Surprising in its simplicity and freshness, her recipes aren't overloaded with cheese or heavy sauces. Many specialties in the book Jinich learned from her mom and grandmother, while others are spins on classics.

Among the recipes are Sweet and Salty Salmon, Classic Avocado Soup, Mexican Masa Dumplings and more. **METRO**

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Veggie Weekend (iPad/iPhone; free)



MIND THE APP

Kris Abel
@RealKrisAbel
life@metronews.ca

Suitable for vegans, vegetarians, and understanding omnivores alike, this collection of 18 recipes inspired by world cuisine is ideal for family gatherings, offering kale burgers, saffron risotto, and holiday dishes.



HEALTHY HABITS

KEEP YOUR TEETH IN GREAT SHAPE

You have mere seconds to make a first impression and a healthy smile, whiter teeth, and fresh breath are all part of making a good one.

April is Oral Health Month, which means it's a good time to think about all the habits that contribute to a winning smile. The best way to keep your teeth in great shape are: Take care of your overall health, including good oral hygiene; whiten teeth as necessary; and be conscious of keeping your breath fresh.



Dr. Travis Stork

HEALTHY TEETH

A healthy mouth is part of a healthy body, says Dr. Travis Stork, a practising board-certified emergency medicine

physician and an Emmy-nominated national television host.

When you don't take care of your teeth and gums, the results become very noticeable, very quickly — bad breath and stained teeth are hard to miss.

But poor oral hygiene can also lead to a more damaging problem — gingi-



SHUTTERSTOCK

vitis. Over time, gingivitis, which is an inflammation of the gums, can cause gum disease and even loss of teeth.

Of course, you need healthy teeth and gums to eat and enjoy your food. Also, the condition of your teeth and gums can affect the way you feel about yourself too, Stork says.

Factors that affect the health of your teeth:

- Poor oral hygiene;
- Gingivitis;
- Unhealthy diet;
- Underlying health conditions.

HEALTHY SOLUTIONS

Good health comes with a healthy lifestyle, Stork says — stay active, eat healthy, and take care of oral health.

It's most important to reduce the

amount of sugar, specifically in your diet, which is one of the main causes of dental problems.

"Cut out as much refined sugars as possible," Stork says. "Instead, enjoy the natural sweetness of fruits."

Oral hygiene is important, too. Brush and floss your teeth and rinse every day. Stork recommends brushing with an electric toothbrush for two minutes twice a day, flossing, and rinsing with an anti-septic mouthwash.

Use Crest Pro-Health Clinical toothpaste, Stork says. It can help prevent and even reverse gingivitis and early stages of gum disease.

Be sure to see your dentist at least twice a year for routine cleaning and a checkup. See your doctor for any health problems, too.

BENEFITS OF A BRIGHT SMILE

Whitening teeth is one of the easiest and most noticeable cosmetic changes you can make today. While whiter teeth brighten your smile, the benefits go much further than that. A beautiful, whiter smile is also good for health and wellness.

For example, looking good gives your self-esteem a boost and that will affect your self-confidence and how you feel about life in general.

Someone with whiter teeth, compared to stained teeth, appears to be friendlier. When people have a bright smile, they tend to show it off more often.

There is an anti-aging effect as well — research has shown that whiter teeth are associated with beauty, health and youth.

Factors that affect the colour of teeth include:

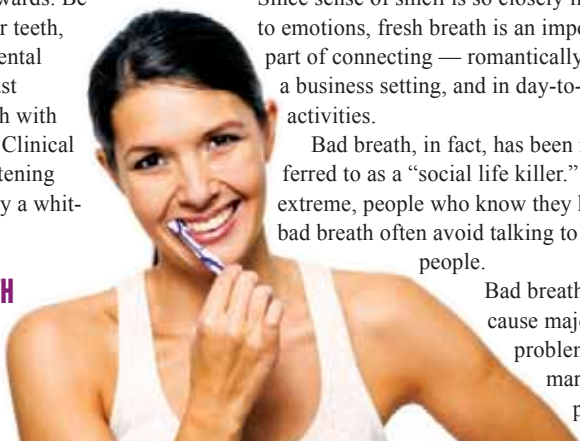
- Genetics — some people are born with teeth that are more yellow than white.
- Age — as a natural part of aging, some people's teeth discolour.
- Smoking — cigarettes leave behind yellowish nicotine stains on teeth; so smoking is just as unhealthy for teeth as it is for the body.
- Coffee, tea and red wine — drinking dark liquids can stain teeth, too.
- Medication — certain medications tend to discolour teeth.
- Oral hygiene — plaque and tartar buildup affect the colour.

SWEET SOLUTIONS FOR FRESH BREATH

For whiter teeth, quit smoking. Talk to your dentist or doctor about any concerns. If you ingest foods that may stain, rinse your mouth afterwards. Be sure to brush your teeth, floss, and use a dental mouthwash at least twice a day. Brush with Crest Pro-Health Clinical toothpaste, a whitening toothpaste, and try a whitening product.

FRESHER BREATH

Morning breath is one thing. But halitosis, or bad breath,



on a more regular basis can negatively impact your day-to-day life, and it may signal dental or other health problems. Since sense of smell is so closely linked to emotions, fresh breath is an important part of connecting — romantically, in a business setting, and in day-to-day activities.

Bad breath, in fact, has been referred to as a "social life killer." In the extreme, people who know they have bad breath often avoid talking to other people.

Bad breath can cause major problems for married people,

too. Halitosis is one of the main reasons people with partners see their dentist.

Factors that affect bad breath include:

- Poor oral hygiene;
- Strong smelling foods;
- Smoking;
- Health problems.

SWEET SOLUTIONS

Brush and floss at least twice a day to prevent odour-causing bacteria from settling in the mouth. If bad breath is caused by food choices, be sure to rinse your mouth, brush your teeth and rinse with a dental mouthwash after you eat. Talk to your dentist or doctor about your concerns. Be sure to always carry sugar-free gum or mints and mouthwash, too.



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A WHITER SMILE
FOR ALL MY SPOTLIGHT
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LOOKING SMILE**
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AS I FEEL

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1 FLOSS 2 BRUSH 3 RINSE

MY **PRO-HEALTH™** ROUTINE

Crest® Pro-Health™ Multi Protection rinse helps prevent and reduce plaque and gingivitis. Crest® Pro-Health™ toothpaste fights cavities, plaque, tartar, gingivitis and tooth sensitivity. To ensure this product is right for you, always read and follow the label.



I WANT
A FRESHER SMILE
SO I DON'T MISS THE KISS

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1 FLOSS 2 BRUSH 3 RINSE

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Getting 'er done on the road

QMJHL playoffs.

Mooseheads take down Foreurs 5-4 to even series



GEORDON OMAND
halifax@metronews.ca

With another highly charged road win Wednesday night against the Val-d'Or Foreurs, the Mooseheads are headed home to Halifax with momentum on their side.

Jonathan Drouin had a hand in every Mooseheads marker as Halifax hung on for a 5-4 win on Wednesday night to even the best-of-seven QMJHL semi-final series 2-2.

Game 5 goes Saturday at the Metro Centre at 7 p.m. The road team has won every game in the series.

The Mooseheads — who outshot the Foreurs 38-35 — had a far better start Wednesday than their previous two games, but the Foreurs didn't go away quietly.

Trailing 5-3, the hosts made it a one-goal game with 1:29 left in regulation time and then had the 2,764-strong crowd on its feet until the final buzzer as they frantically pressed for the equalizer.

Drouin was on fire the entire game, all but dancing around the Val-d'Or defencemen and notching two goals and three assists, including what proved to be the game-winner on a breakaway goal with under seven minutes remaining.

With last night's contest, the 19-year-old Tampa Bay Lightning prospect moves into a tie with hockey legend Mario Lemieux for second place in all-time QMJHL playoff scoring. Both sit at 98 career points.

"We had to step up our game at the beginning and getting the first goal on the power



Halifax Mooseheads forward Nikolaj Ehlers gets a scoring opportunity against Val-d'Or Foreurs netminder Antoine Bibeau during Game 4 action in Val-d'Or on Wednesday night. ANDY KLINK/ABITIBI EXPRESS

play was huge," said Drouin, who leads the QMJHL in post-season scoring with 37 points in 13 games.

"It's best out of three now and that's what we wanted when we came here."

Coming strong out of the gate, Mooseheads forward Andrew Ryan opened the scoring within the first five minutes of play.

Val-d'Or responded with two-straight goals, but Halifax caught a lucky break late in the first when an attempt by the Foreurs to clear the puck bounced off Philippe Gadoury's

Quoted

"He's a magician with his hands ... He's a true leader."

Mooseheads netminder Kevin Darveau on Jonathan Drouin

skate and into the net.

Drouin, Nikolaj Ehlers and Gadoury, who also had two assists, rounded out the scoring for the Mooseheads.

"Both teams showed that we can win on the road — it's going to come down to who

wants it, who's going to work hard," said Foreurs blue-liner Randy Gazzola, who collected three assists Wednesday night.

"We're going to give it everything we've got and see what happens."

In an unexpected turn, backup goalie Kevin Darveau got the start in net for Wednesday's game, replacing the Mooseheads' star netminder Zachary Fucale.

Fucale was pulled by the midway point of the first frame in Games 2 and 3 of the series after he surrendered a triplet of goals in both contests.

Mooseheads coach Dominique Ducharme did not confirm Wednesday's starting goalie, but Fucale reported later in the day that he would have the start.

Darveau played well in net for Halifax, finishing with 31 saves.

Game 5 tickets

Tickets for Game 5 on Saturday night go on sale Thursday at 10 a.m. through Ticket Atlantic.



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Blue Jackets tie series in historic home win

Series tied at 2-2.

First home playoff win for Columbus in their 13 NHL seasons

Brandon Dubinsky scored with 22.5 seconds left in regulation to force overtime and Nick Foligno's wrist shot just inside the blue line 2:49 into the extra session gave the Columbus Blue Jackets a 4-3 victory over the Pittsburgh Penguins on Wednesday night.

The Blue Jackets overcame a 3-0 deficit for their first home playoff victory in the franchise's 13 seasons. The series, now tied 2-2, goes back to Pittsburgh for Game 5 on Saturday night.

Craig Adams, Chris Kunitz, James Neal scored in a span of 5:01 of the first period to stake the Penguins to a 3-0 lead. But Ryan Johansen and Dubinsky each had a goal and an assist and Boone Jenner also scored for Columbus, making only its second post-season trip.

It was the fourth time in the series that the team that scored first - and also went on to hold a 3-1 lead - lost.

With the Penguins hanging on to a 3-2 lead in the third period, Penguins goalie Marc-Andre Fleury made a big save on Matt Calvert's second shot in a flurry. Calvert later



Penguins' goalie Marc-Andre Fleury deflects the puck away from Matt Calvert of the Columbus Blue Jackets during Game 4 of the first round of the 2014 NHL Stanley Cup Playoffs on Wednesday in Columbus, Ohio. KIRK IRWIN/GETTY IMAGES

got behind Brooks Orpik on a breakaway and his forehand clanged off the crossbar, setting off a loud groan in the arena.

But Fleury went behind the cage to handle Jack Johnson's pass around the boards in the final minute. He whiffed trying to handle the puck and was stuck out of position, allowing Johansen to slide a centring pass through the crease where Dubinsky netted it with 22.5 seconds left.

What followed was the loudest sound heard in the Blue Jackets' dismal 13 seasons.

In the overtime, the Blue Jackets had the best of it - as they had for all but the start.

Foligno carried the puck through the neutral zone and was just across the blue line when he fired a low wrister that he tucked under Fleury's glove. As the players piled on top of Foligno, the crowd went crazy. **THE ASSOCIATED PRESS**

In numbers

Fleury had been brilliant throughout the third period, finishing with 42 saves. Columbus' Sergei Bobrovsky, also was spectacular at times with 22 saves.

- Sidney Crosby has not scored a goal in his last nine playoff games.

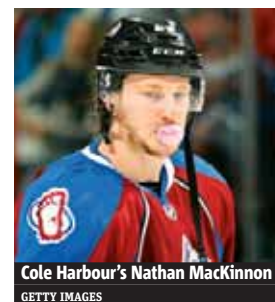
Calder Trophy. As expected, MacKinnon gets rookie-of-the-year nod

This year's Calder Trophy voting for the NHL's top rookie will have a Maritime flavour to it.

Cole Harbour's Nathan MacKinnon of the Colorado Avalanche was named a finalist for the trophy along with Lightning forwards Tyler Johnson and Ondrej Palat. Tampa Bay is the first club to have multiple nominees for the award since Chicago's Patrick Kane and Jonathan Toews finished first and third, respectively, in 2008. The winner will be named June 24 at the NHL awards banquet.

MacKinnon, selected first overall in last year's draft by Colorado, led all NHL rookies in scoring with 63 points, assists (39), power-play goals (eight) and shots (241). He had a 13-game points streak from Jan. 25 to March 6, breaking Wayne Gretzky's NHL record for the longest single-season point streak by a player age 18 or younger (12 games).

Johnson had a team-record 24 goals and finished tied with



Cole Harbour's Nathan MacKinnon
GETTY IMAGES

MacKinnon for the NHL lead among rookies. Johnson also finished tied for the league lead in short-handed goals (five) and led all first-year players in total ice time and faceoffs.

Palat finished second among rookie scorers with 59 points (23 goals, 36 assists), finishing three shy of Brad Richards' team rookie scoring mark set in 2000-01. Palat had an eight-game points streak from Dec. 23 to Jan. 9 and led all first-year players in plus-minus (plus-32). **THE CANADIAN PRESS**

Out of the playoffs

Wild's Cooke gets seven games

Minnesota Wild left-wing Matt Cooke has been suspended for seven games by the NHL for a knee-to-knee hit that injured Colorado Avalanche defenceman Tyson Barrie.

Cooke was at the

league office in New York on Wednesday for a hearing about the incident, and his punishment was announced about eight hours later.

The Avalanche lead 2-1 with Game 4 set for Thursday night, so Cooke will be out for the series and more.

THE ASSOCIATED PRESS

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The Raps' Jonas Valanciunas and Kevin Garnett of the Nets during Game 2 of their NBA playoff series in Toronto on Tuesday. NATHAN DENETTE/THE CANADIAN PRESS

Off to Brooklyn, Raptors bank on winning road record

Ujiri's slur still looms.

At 3-3 this season, both teams eager for games 3 and 4 in N.Y.C.

The Raptors have talked the talk. Now they have to walk the walk in Brooklyn.

Toronto backed up their GM's two-word foray into the world of trash-talk by evening their first-round playoff series with the Nets at one game apiece via a 100-95 win Tuesday night. The series now switches to the Barclays Center in Brooklyn for Game 3 Friday and Game 4 Sunday.

"It's going to be a new frontier," Toronto coach Dwane Casey said Wednesday prior to flying to New York. "We've been a good road team in hos-

tile situations, hostile gyms. Our guys have responded."

Toronto had 22 wins on the road this season, tied with Miami and Washington for tops in the Eastern Conference.

One of those away wins came in Brooklyn, where Toronto was 1-1 this season. The teams also split their two regular-season games at the Air Canada Centre.

Add in the first two games of this series and the teams are 3-3 this season.

The two-word slur of general manager Masai Ujiri's out-of-nowhere insulting Brooklyn at a fan gathering prior to Game 1 continues to loom large.

"I don't know if you can say 'F Brooklyn' and then come into Brooklyn," veteran Net Kevin Garnett said Tuesday night. "So we're about to see what it's like." THE CANADIAN PRESS

Not to worry

Pierce doing it right: Kidd

Jason Kidd never appears to worry about anything, certainly not about someone like Paul Pierce.

Even if his matchup was all in Toronto's favour in Game 2, Pierce nearly had as many fouls as points. Yet Kidd is not concerned.

"Paul's doing everything right. The game of basketball is about making shots and sometimes you make them and sometimes you don't. So Paul, I think, has had two good games," Kidd said Wednesday on a conference call. THE ASSOCIATED PRESS

Birthday bash

Wrigley Field: 100

Fittingly, the Chicago Cubs marked Wrigley Field's 100th birthday with a loss.

One out from victory, the Cubs, who have not won a World Series since 1908, allowed the Arizona Diamondbacks to rally for five runs in the ninth inning in a 7-5 loss Wednesday. The beloved ballpark is the second-oldest in the major leagues behind 102-year-old Fenway Park in Boston. THE ASSOCIATED PRESS



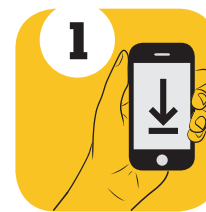
They were partying like it was 1914. Scan the above image with the Metro News app to see a gallery of Wednesday's festivities. DAVID BANKS/GETTY IMAGES

YOU COULD

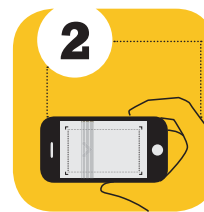
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Horoscopes

Aries

March 21 - April 20

Some things are worth worrying about and some are not. Do you know which is which? Chances are money won't mean as much to you over the next 24 hours as it usually does. That's good.

Taurus

April 21 - May 21

You can't help but make a good impression right now. Just be careful you don't attract so many new friends that you neglect the people in your life who really matter.

Gemini

May 22 - June 21

You don't need anyone's blessing for what you are planning. All you need is the confidence to begin, and the courage to follow through and finish the job. What are you waiting for? Now's the time.

Cancer

June 22 - July 23

Your confidence is high and will rise even higher over the next few days. Friendships and group activities are under excellent stars. Get out into the world and see and be seen.

Leo

July 24 - Aug. 23

With the Sun and Mercury moving through the status area of your chart, you will make friends with the right sort of people and there is no telling where that might lead.

Virgo

Aug. 24 - Sept. 23

You want to take a trip but have no valid reason for travelling. So what? Cosmic activity in the most adventurous area of your chart urges you to let your impulses guide you. You're sure to end up some place that's fun.

Libra

Sept. 24 - Oct. 23

Make sure what you wish for is what you truly desire because once it is in your possession you may not be able to give it back. Also, be careful when making promises to friends. They will hold you to them.

Scorpio

Oct. 24 - Nov. 22

The planets indicate that you will gain more if you take an easygoing attitude to getting your way. Aim high but don't think you have to force people to give you what you desire.

Sagittarius

Nov. 23 - Dec. 21

The cosmic picture is so good that most people will respond positively if you approach them as equals and partners. On the work front, especially, if you smile and ask nicely you'll get everything you need.

Capricorn

Dec. 22 - Jan. 20

You don't have to come on strong to make your point. On the contrary, others will be more receptive to what you say if you say it calmly and with no hint of a threat.

Aquarius

Jan. 21 - Feb. 19

You get on well with most people but you also need to be aware that there are individuals out there who are so different to you in temperament that it's unlikely you will ever be friends.

Pisces

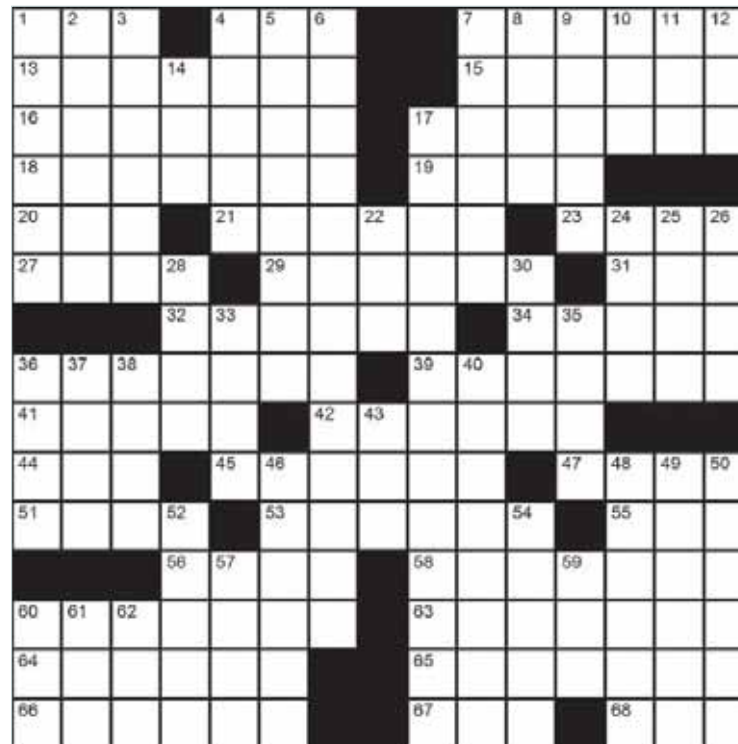
Feb. 20 - March 20

Someone you meet socially will attract you romantically but think carefully before you send out signals of love because the planets warn it may not be the right thing to do. Stay friendly — for now. SALLY BROMPTON

Crossword: Canada Across and Down

Across

- Extinct bird
- East Coast ocean, for short
- Canadian singer/songwriter, Fefe ____ (See #64-Across for more!)
- European country
- Seldom
- #6-Down's birthplace in Scotland
- Nurse's prop
- Industry work unit
- "____ la vie!"
- Flight tower serv.
- Directs
- Internet destination
- "I don't ____ problem."
- Nunavut: Chesterfield and Rankin
- Retro music syllable
- Century: French
- Proprietor
- .38-____ bullet
- 'The Twilight Saga' installment: 2 wds.
- Coke competition
- Skillfully tricked
- Journal
- The ____ Quintuplets
- Flippant talk
- ____ decision
- Sixties super-model
- Moviedom's Myrna
- Important caucus state
- Edmonton-born



- actress, ____ Chong
- Jason's "Beverly Hills, 90210" role
- Doing Atkins: 3 wds.
- New single by #7-Across: "In ____ Hands"
- Eighty: Spanish

- One of the Gospels-writers, ____
- Montreal's plurally 'My'
- Chicago White ____ Down
- Molten matters
- Like David Letterman's show: 2 wds.

- Rodgers & Hart's "Ten Cents ____"
- CFL players, e.g.
- More like a 'Speckled' fish
- Canadian singer/songwriter of "(You're a) Strange Animal": 2 wds.

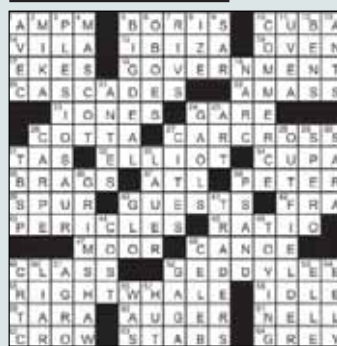
- Least wet
- Rows
- Ms. Spears, et al.
- Ottawa fig.
- Scratch tickets and more corp. for the prov. between MB and QC
- Bill 'The Science

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

- Guy' ____
- Kyrgyzstan city
- Film buff's mansion must-have: 2 wds.
- Kay's follower
- "This ____ laughing matter!": 2 wds.
- '70s TV cop Lt. Kojak
- Make money
- Unchanged: 2 wds.
- ____, ____ good now?" (Things are okay between us, right?)
- Footnote abbr.
- Terrorist's arms, commonly
- Mil. two-stripers
- "____ Flux" (2005)
- Sports org. for Canada's Rebecca Lee-Bentham
- Refinement
- Prefix to 'lateral'
- Doug & The Slugs hit: "Making ____"
- Mr. Thicke's ...en francais
- Location of 1976 anti-apartheid protests in South Africa
- Grammar topic
- One of Columbus' ships in 1492
- Not nahs
- Baltic Sea feeder
- Prez pre-JFK
- Guitarist Mr. King's
- Soak flax
- \$20s-spewing source

Yesterday's Crossword

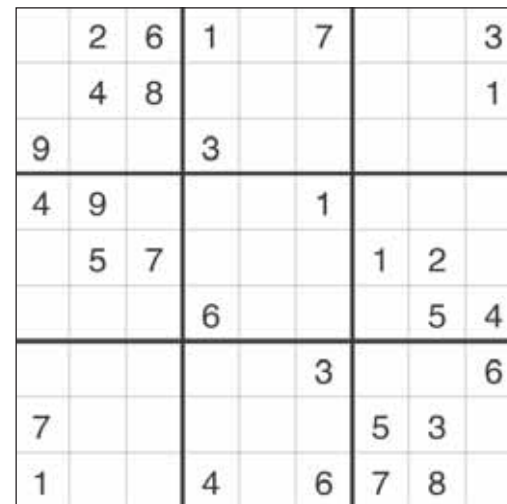


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today 5°/0° Rain 90%

Friday 5°/0° Cloudy

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